

WEEKLY NEWS

Thursday, February 25, 2010

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Drug crook's assets seized

ANOTHER member of a £1 million drugs gang has been ordered to hand over all his available assets.

Paul French, 32, of Gannet Close, Haverhill, is serving a four-year jail term after being sentenced along with other members of the gang last August.

They are said to have netted more than £1 million by selling drugs across Suffolk and Cambridgeshire.

Now he has appeared back at Ipswich Crown Court where Judge David Goodin ordered him to forfeit cash and vehicles under the Proceeds

of Crime Act.

Prosecutor Charles Myatt said that French had now accepted that his role in the drugs trade had netted him £6,000 in illegal earnings.

But a financial investigation by the Crown Prosecution Service revealed that French had just £182 in cash as well as two cars and a motor-cycle expected to sell for £2,000 at auction.

French was given three months to come up with the money or face an additional 14 days in prison, although Judge Goodin said he accepted that the penalty was unlikely to be enforced as the sale of the vehicles would have to be handled by the authorities and be outside his control.

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Active kids: taking delivery of fitness equipment at Clements School is Kyle Mooney, 5, in front with back row, from left, Julie Collis, from Sainsbury's, Oliver Garner, 5, headteacher Lesley Farrow and Lucy Sams, from Sainsbury's, with Mia Bovis, 5 and Kelsey Earls, 5, sitting. See story – Page 2.

Picture: Keith Jones 630102

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Drugs gang man to pay for crime

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When the gang was sentenced to a total of 32 years in prison, the court heard how they had flooded the area with illegal drugs over a 12 month period.

Police tracked couriers taking cash to drop-off points such as public car parks where it was exchanged for consignments of drugs.

Suffolk police said that three kilos of pure cocaine with an approximate street value of £400,000 was involved in the operation between October 2007 and July 2008, although the total amount believed to have been trafficked by the gang amounted to around £1 million.

Confiscation proceedings against Matthew Dixon, 39, of Elmhurst Close, Haverhill, who was described as the main organiser of the distribution network, have been postponed after the court was told that the prosecution and defence have not yet been able to agree on the amount of benefit he obtained from criminal activity.

Dixon had only recently completed a four-and-a-half year prison sentence for drug dealing in Cambridge when he was arrested. He is now serving a nine year sentence.



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Snow much fun: Sasha Timofeev, 4, and Tyoma Timofeev, 6, get to grips with the white stuff.

Picture: David Johnson 629600

Winter's icy grip returns

SLIPPERY roads caused delays for motorists as heavy snowfall returned to the region this week.

Many residents opened their curtains to find a covering of snow outside their windows on Monday.

And large numbers of commuters arrived late at work due to heavy traffic caused by the treacherous conditions.

But there was no repeat of the flurry of school closures seen during last month's cold snap.

Gary Sanderson, communications manager, said: "Clearly people had heeded the advice that the police, ourselves and motoring organisations had given out to take extra care and only to make journeys that were absolutely necessary."

Council agrees lowest tax increase in county

COUNCIL taxpayers will be paying an extra 1.9 per cent a month after councillors approved the budget for the year.

The rise was agreed at St Edmundsbury Town Council and is the equivalent of 6.3p rise a week for a band D property and for band B properties – the largest single group of households – it will mean a rise of 4.9p a week.

It is the lowest council tax rise in the county and it follows a council

tax freeze last year.

And councillors agreed a raft of investments for the rest of the year and going into 2011. The highlights are a massive £9 million spend on a range of projects including the Haverhill Community Football scheme, public realm works in Haverhill town centre, disabled facilities grants and home improvement grants for residents on low incomes and grants to help improve village halls and play areas.

A special plan to encourage and promote local prosperity will be activated and implemented called

the Economic Action Plan and there will be a masterplan developed to help guide the future shape of Haverhill and Bury St Edmunds and also outlying rural areas.

Cllr Anne Gower, who represents Haverhill at the council, said: "A rise is still a rise but due to the financial pressure the council, like every council across the country, is facing at the moment then I feel we have produced a very balanced budget. It is the lowest rise in Suffolk which is good news and under the present circumstances it was the best we could do and I feel it is balanced and

we have done a jolly good job."

St Edmundsbury has saved £1.9 million from its budget over the past two years and is set to shave a further £2.2 million in the next two years.

It is also looking to cut costs by sharing some services with neighbouring Forest Heath District Council.

Savings include not replacing a corporate director and some other staff when they leave, improved purchasing, additional efficiency savings from moving into West Suffolk House and increased income generation.

Pupils take delivery of new fitness equipment

A SCHOOL has received new fitness equipment from a supermarket's voucher scheme.

The equipment was handed over at Haverhill's Clements School to mark the start of this year's Active Kids scheme run by Sainsbury's.

The scheme, now in its sixth year, offers schools and organisations across the country free sports, cooking

and gardening equipment and active experiences. This year almost 33,000 schools and clubs have signed up to Active Kids making it the biggest yet.

Equipment worth more than £86 million has been given to schools since the scheme started.

Steve Venters, store manager of Sainsbury's Haverhill, said: "The Active Kids scheme is a great way for

our whole community to pull together to provide young people in Haverhill with free sports, cooking and gardening equipment.

"I'm sure that all of our customers will know of a local organisation that is collecting and that they can donate their vouchers to, so we're encouraging everyone to play their part and collect their vouchers when

they're shopping in store. Every year I see just how much local schools and groups benefit thanks to customers' efforts and this year we want to make an even bigger difference for kids in this local area so we hope everyone gets involved."

Vouchers collected by Sainsbury's staff will help provide more equipment for Clements School.

Founder to retire after 24 years

A DRESS hire business has changed hands after the co-founder decided to retire after nearly 24 years.

Lindsey Cornish, a local GP's wife, started Poshfrocks at her home in Great Wrating with her mother Audrey Titlow.

Now she has sold the business to Wendy Jennings, from Newmarket.

Mrs Cornish, 54, said: "We started the business because evening dresses are so expensive and may only get worn once. My mother and I could both sew so we decided to start it and see how it went – and we have kept the business going for nearly 24 years."

She has hired dresses for Buckingham Palace events, formal dinners at London's Mansion House and a range of other events including school proms.

"My mother, who is now 80, retired a few years ago and I thought now was the right time to retire myself and try to beat my husband at golf," said Mrs Cornish.



CHANGING HANDS: Lindsey Cornish (right) is retiring from her business, Poshfrocks, after 24 years and selling it to Wendy Jennings (left)

Picture: Pete Felstead 629717

First eviction notices for tenants hit by cut

THE first eviction notices have been issued to tenants affected by a cut in their benefit payments.

Nearly 20 single people over the age of 25 in Haverhill have been affected by a council decision to reduce their local housing allowance.

They were previously paid an allowance covering two rooms, but letters sent out to them by St Edmundsbury Borough Council just before Christmas announced they would only qualify for the payment for a single room.

Some have appealed against the decision and are able to continue living in the properties where they rent rooms, but others are to be evicted.

Robin Piley, a director of Haverhill letting agents CXG, said: "It's a nightmare situation caught up in red tape."

He said the council could end up paying more by having to house tenants when they are made homeless.

"We have had to issue the first eviction notices," he said.

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

Some landlords were exercising their right to evict tenants for unpaid rents after seven days.

A spokeswoman for the borough council said: "Following our decision to stop paying housing benefit for two rooms and pay for one room instead, the 19 affected tenants in Haverhill have had various options, such as asking us to review internally our decision and/or meeting a member of our Housing Options team.

"We will send letters to tell tenants the results of the internal review by the end of this week.

"If cases then go forward to the Tribunals Service for an appeal, this will be held in Cambridge and we have been advised the process could take up to 14 weeks.

"Meanwhile, we have ensured specialist housing staff are available to meet tenants in

Haverhill if they request an appointment.

"Some tenants have made contact and we have been working with them by looking at various housing options open to them.

"If evicted, tenants can present themselves to us as being homeless.

"We know that some of the tenants may be assessed as being 'vulnerable' and fulfil the homelessness criteria of being in priority need, have a local connection, and not have made themselves intentionally homeless.

"In these cases we are likely to have a duty to house them in social housing.

"Others may not fulfil the criteria and our duty then is to offer advice and assistance.

"This will most likely mean we help them secure other private sector accommodation, and we would consider using our damage deposit scheme, and/or other homelessness prevention measures."

Young filmmakers to see work on the big screen

YOUNG film makers will see their work screened at a gala evening.

Seven films have been chosen for the finals of

the Made in Haverhill contest, which was open to youngsters between the ages of 13 and 19.

One of the films was

made single-handedly by the entrant and another was made by a team of six.

In all, 22 youngsters helped make the films.

The gala screening will be on Sunday at the town's Cineworld complex. Prizes, including a year's unlimited cinema pass, will be presented.

Firm to axe 180 jobs

A MEAT processing plant is to axe 180 staff – almost half its workforce.

Vion Food Group has announced plans to "reorganise operations" at its factory in Little Wrating, which currently has 387 staff.

Some 800 staff worked at the site at the start of last year but 470 workers were made redundant 13 months ago when the abattoir and butchery were closed.

The company said the cuts were the result of restructuring against the backdrop of an "increasingly competitive marketplace".

It has announced plans to create "centres of excellence" that will "optimise production efficiencies", and has focused butchery work at its plant in Malton, North Yorkshire, where 200 jobs were lost last year.

Andy Hills, managing director of the Haverhill site, said: "Against a backdrop of an increasingly competitive marketplace, Vion Haverhill has been undergoing a re-structuring of operations, and a programme of investment is being implemented.

"Unfortunately, such changes can take some time. Our focus continues to build a site that will deliver quality products to the UK market.

"We regret the need for these changes in our activities announced today and have informed our employees and their union representatives of our commitment to consult with them.

"We have started the consultation process and will explore all opportunities to mitigate against job losses."

The cuts will affect both salaried and hourly-paid roles, and there will be a consultation period of up to 90 days on the plans.

Vion, which acquired the Haverhill site when it took over the Grampian Country Food Group in June 2008, has pledged to push ahead with an ongoing programme of capital investment in the plant.

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Top tips: promising young writers listening to author Marcus Sedgwick at Castle Manor Upper School.

Picture: Keith Jones 630106.

Students hear how to turn ideas into books from award-winning author

AN AWARD-winning author passed on tips to promising young writers in

a school visit. Marcus Sedgwick, who lives in Cambridge,

chatted to students in their early teens at Castle Manor Upper School in

Haverhill. His books for young adults include *Floodland*,

Witch Hill, Blood Red-Snow White and Revolver, published last year.

He chatted to youngsters about how he gets ideas and develops

them into books. He also illustrates some of his books himself.

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Advice to help get staff fit for work

BUSINESSES in and around Haverhill are set to be given extra help to reduce sickness absence and increase productivity in their employees.

Claire Parker, a specialist adviser, has been appointed to make sure staff in Haverhill and Suffolk are "fit for work".

Claire started work as Healthy Ambitions Suffolk fit for work co-ordinator earlier this month.

During the coming year, she'll be working closely with businesses of all sizes to help them introduce fit for work programmes to promote healthy lifestyles among employees.

Claire will also be raising awareness of the benefits which having active and healthy staff can bring to a business, such as considerable financial savings, fewer

days off sick and increased productivity.

And she'll be looking for ways in which organisations across Suffolk can work together to encourage their employees to become healthier.

She said: "It's really important for businesses to help their staff to stay healthy and active, as it brings with it huge benefits for both the company and the individual.

"My role will involve working closely with businesses of all sizes to help them to do just that by introducing their own fit for work programmes. Nationally, an estimated 32.9 million working days are lost each year through sickness absence, which can have a huge financial impact on businesses. That's why promoting good health is so important, especially in smaller companies where staff taking time off ill can have a massive effect on

productivity levels and, in turn, profit.

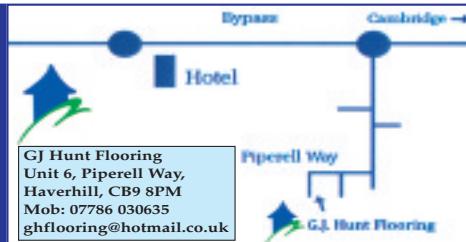
"Fit for work isn't about sweating in the gym for hours and eating only lettuce leaves – it's about developing opportunities for staff to become a little bit more active on a daily basis. Whether it's through starting a lunchtime walking club or a cycle to work scheme, small changes can make a big difference and are both good for health and good for business."

As part of her role, Claire will be helping companies to meet the criteria for a Healthy Ambitions Suffolk business award in recognition of their efforts to keep their workforce healthy.

Anyone who would like more information about the award should visit www.healthyambitionssuffolk.nhs.uk and click on "awards" or email Claire at claire.parker@ipswich.gov.uk

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Pc helps pupils get on their bikes

A POLICE officer has encouraged school pupils to ride their bikes as a way to reducing parking problems.

Pc Will Wright ran a safer cycling scheme for pupils at Haverhill's Parkway Middle School as part of measures aimed at cutting congestion outside the school when parents drop off or collect pupils.

Pc Wright, a member of the local safer neighbourhood team, said: "Cycle safety sessions are undoubtedly important, but to really get the pupils cycling, I worked closely with local partners such as Suffolk County Council to secure funding for cycle helmets and the school PTA who provided cycle locks."

After parents raised concerns about the standard of their children's cycling, Will began a series of after-school Suffolk Young Cyclist Training Course sessions which is promoted and co-ordinated by Suffolk County Council's Roadsafe team.

He said: "It has proven



successful perhaps because everyone from the children to the parents and the teachers are involved from the beginning for consultation and planning. One parent in Haverhill was a graphic designer and created a design for

the bicycle helmets. The head teacher has since made them part of the school uniform which is extremely effective."

He has also made regular appearances at classes to reinforce the cycling message.

Ian Kearns, the head teacher, said: "Pc Wright's work has been exemplary. Not only has his work contributed greatly to the safety of our children but it has also created the opportunity for Pc Wright to build effective

community relationships with pupils and parents.

"Working with the police in a proactive and positive way can only help foster good relationships and therefore make our neighbourhoods safer."

Safer cycling: Pc Will Wright with some of the pupils from Parkway Middle School, Haverhill.

CP

Development report on historic building

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

COUNCILLORS will get a report next month on ideas for the future use of one of Haverhill's landmark buildings.

A public consultation exercise was carried out until the beginning of February to get views about how the Chauntry Mills could be developed.

Now Cambridge-based planning consultants Bidwells are preparing a development brief for councillors which is due to be considered next month.

Helen Thompson, partner in Bidwells' landscape and urban design team, said: "The purpose of the development brief is to set out the principles which apply to St Edmundsbury Borough Council's consideration and acceptance of the reuse and redevelopment of the site.

"The development brief will guide emerging development proposals for the site and will carry considerable weight in the determination of any subsequent applications for planning permission."

She said the comments received



Future uses: a report is due soon on development ideas for the Chauntry Mills site in Haverhill, pictured left, a listed landmark building which could be used for offices, flats, leisure facilities and shops.

as a result of the consultation, which included two exhibitions at the factory site, would be reported to the Haverhill area working party on March 11 and St Edmundsbury's cabinet on March 17 when a decision will be taken on the adoption of the development brief.

The Grade II listed buildings could be used for offices, flats, leisure facilities and shops.

They have become redundant after the owners, clothing manufacturers Gurteens, stopped production there in 1996, although parts of the buildings remain as the administrative centre for the business.

The 3.1-acre site includes a French Gothic warehouse, a sewing factory and weavers mill.

One of its features is Caroline, the original steam engine that powered the factory, which is likely to be preserved in any development proposals.

The consultation document said: "Redevelopment of the site has an important role to play in the regeneration of Haverhill and the town centre in particular.

"The vision document 2004 sets out how Haverhill should improve over the next 15 years, envisaging a town centre which is more diverse, attractive, vibrant and accessible and which provides a strong economic hub for Haverhill.

"The Gurteen factory site is seen as an opportunity for potential development which can bring major benefits."

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WEEKLY NEWS LETTERS

Send your letters to: The Editor, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF, or by email to editorial@haverhillweeklynews.co.uk

Bus shelters need moving

Sir, The council has not listened to a word I said about the users of the bus shelters.

We were given the impression that there would be pull down seats for the elderly and disabled (I asked for proper seats, but was willing to settle for pull down ones), and now they are backing out of that – but that's what we have come to expect, promise one thing and then do another.

And as for three of the shelters staying where they are, the council doesn't seem to realise that if it is bad weather and more people than they can hold try to get in them, the ones at the front could be pushed out and under the incoming buses as there is not enough room for them to go anywhere else.

Why do you think I insisted that the shelters were put further back on to the pavement?

If the council is not capable of doing the job properly, then they should give the job to someone else.

Jean Telford
Parsonage Gardens
Haverhill

MEMORIES



■ THIS week's picture, taken from our archives, shows children dressed up for some special occasion.

Do you recognise anyone in the picture or know what the event was? Do you know where and when it was taken?

Send your answers to: Memories, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF by Tuesday morning, or email editorial@haverhillweeklynews.co.uk

Picture: 628739.



Last week's Memories photograph was of children taking part in a sports obstacle event at Place Farm School, Haverhill. It was taken in June, 1986.

LETTERS POLICY

Letters should arrive by noon on the Monday before publication.

Full name and address must be supplied and details will be withheld only in exceptional circumstances. Letters should be no longer than 250 words and may be edited.

Please email your letters to editorial@haverhillweeklynews.co.uk

Alternatively write to: Letters to the Editor, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF

MORE than 100 fixed penalty tickets were issued by police during a week long clampdown on seat belt wearing.

The Suffolk-wide campaign concluded on Sunday and was linked with a European police blitz.

Of the 101 £60 fines issued, 94 were for drivers not wearing seat belts and seven were for passengers.

So far this year, the weekly average of fixed penalty fines issued in Suffolk for seat belt offences is 41. During this campaign that number was more than doubled.

This year's figure also shows a slight increase on a similar campaign run in September last year, when 92 tickets were issued.

Chief Inspector Mike Bacon, from Suffolk's roads policing unit, said: "The results of this campaign make it all too apparent that there are still too many people that are ignoring road safety messages.

"It is disappointing that so many fixed penalty notices were issued, one person knowingly taking a risk like this is too many, let alone 101.

"I cannot understand why people don't wear their seat belt. It's

a simple and quick task of which the importance should not be underestimated.

"Even on short journeys or at low speeds seat belts can mean the difference between life and death.

"We will continue to crack down on this offence throughout the year and I would appeal to all motorists and passengers to wear their seatbelts on every journey."

Any motorists caught without a seat belt will be given an on-the-spot fixed penalty of £60 and could face a fine of up to £500 if the case goes to court.

Health company up for top award

THE company that operates Haverhill's Crown Health Centre has been short-listed for a top award.

The Practice, which runs nine GP surgeries and four new GP-led health centres, is among the eight finalists in the HealthInvestor Awards.

The winner will be announced at a ceremony on May 27. The Practice was

a finalist last year and won its category in 2008.

Peter Watts, chief executive of The Practice, said: "The last 12 months have been incredibly busy and we've been involved in some exciting new projects. All of these are focused on improving access to

community based services and delivering the highest standards of patient care."

Police crackdown sees 94 drivers caught not wearing seat belts



Newmarket date: chart-toppers Razorlight will be in concert at the racecourse in July. CP

Chart-toppers join summer line-up

CHART topping band Razorlight is the latest act to join the line-up for this summer's concerts at Newmarket racecourse.

The band, which topped the album charts in 2006 and had a number one single with *America*, will be performing after Friday evening racing on July 23.

They are the fifth act to join the line-up for this summer's Newmarket Nights series of pop shows after racing in association with Heart FM.

The other acts include Spandau Ballet, Simply Red, James Morrison and Westlife. Two dates remain where

the acts have yet to be announced.

Crowds of around 100,000 are attracted to the Newmarket Nights each summer.

Razorlight – Johnny Borrell (vocals/guitar), Carl Dalemo (bass), Björn Argen (guitar) and Skully (drums) – formed in London in 2002 and quickly became one of the key guitar bands of the time. Altogether they have sold four million albums, played sold-out arena tours, headlined numerous festivals and appeared on the cover of magazines from *NME* to *Vogue*.

The band members are currently working on their fourth album.

Stephen Wallis, Newmarket Racecourses managing director, said: "We are delighted to be announcing Razorlight as our fifth act for this year's Newmarket Nights.

"Razorlight bring a different dimension to the already great line-up and we still have two more exciting acts to announce."

Tickets can be booked online at www.newmarketracecourses.co.uk or by calling 0844 579 3010.

Smokers can see the future

BY JO TYNAN

Email: editorial@haverhillweeklynews.co.uk

A NEW hard-hitting bid to get smokers to kick the habit is taking place in Haverhill.

Haverhill Leisure Centre is offering people the chance to find out what they will look like when they are older as part of its build up to National No Smoking Day.

On Friday, March 5, NHS Suffolk Stop Smoking Service advisors will be showing leisure centre visitors how smoking can affect future facial appearance with state-of-the-art age progression software.

The software will generate a computer image of what a person will look like in 10, 20 or 30 years time based on whether or not they smoke.

NHS Stop Smoking advisors will also be on hand with advice on how to quit smoking and some free giveaways ahead of National No Smoking Day on 10 March.



Helping quitters: Oliver Langford, smoking project worker at Suffolk PCT.

Oliver Langford, Smoking Project Worker at Suffolk PCT, said: "Each year one million people make a quit attempt on No Smoking Day. The dramatic effect smoking has on appearance is just one of the many reasons why people aim to quit. The age progression software illustrates how alarming

the ageing effects of smoking can be."

The age progression software will be available at the leisure centre from 10am to noon on Friday, March 5.

One 20-a-day smoker who asked not to be named said: "As a smoker I bury my head in the sand about future health problems the habit can cause but it is difficult to ignore the physical changes it causes."

"I have already got lines around my mouth from smoking and they are not attractive."

"Anything that helps people to give up is a great idea and I will be popping in to face the truth."

Amelia Epton, sports development officer, said: "Most people are aware of the health problems that smoking can cause but many do not realise the effect that smoking has on their physical appearance, especially as we age."

"With the help of Suffolk PCT we will be showing visitors to the leisure centre what they will look like as they get older and how to stop smoking now to prevent problems in the future."



BY JOHN GOODE
Email: editorial@newmarketweeklynews.co.uk

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Family Announcements

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Births

CARLA and MARK RICHARDSON

Congratulations on the safe arrival of **LILIE SOPHIE**

Born February 12th, weighing 8lb 6oz

From the proud Grandparents and all the family xxx

LOUISE and SAM

Congratulations on the birth of your beautiful baby boy **CHARLIE**

on February 18th, 2010.

All our love, Mum, Dad, Samantha, Ian and Oliver

Birthdays

Happy 21st Birthday **JADE MURRAY**



Lots of love, Mum, Gemma and Tony xxx

Birthdays

Happy 18th Birthday

on March 1st to our special oldest granddaughter

SARAH WOOLCOTT

Lots of love, Nan and Grandad xxxx



Birthdays

To DEMI Wishing you a Happy 18th Birthday



Deaths

WALLBANK. Dorothy formerly of Mays Avenue, Balsham, died suddenly but peacefully at Addenbrooke's Hospital on Tuesday, February 16th, 2010, aged 94 years. Dearly loved and sadly missed by all her family.

Happy 21st Birthday, on March 1st.
Have a great day!
Lots of love, Mum, Dad, Danielle, Andy, Abbie, Spencer and Sadie xxxx



PHIL WILLIAMS Happy 60th



Lots of love, Lee-Lee and Michael xxx



Sweet Sixteen!

KELLY BROWN

February 24th.

Love you loads, Mum, Dad and Grant

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Showcase for hair and beauty students

STUDENTS from Haverhill will be taking part in a special festival of hair and beauty.

event and are keen to show off their technical abilities acquired so far within their course work.

The event will take place at the Corn Exchange in Bury St Edmunds on Monday, March 29 and it will showcase the work of the students from West Suffolk College from 4pm.

The final parade of contestants is expected to take place at 8.30pm.

Lecturer Joanne Webb said: "The students are very excited about the

transformation of a live model using body painting, costume and hair.

The College's Festival of Hair and Beauty is a chance for students to let their imagination run riot. This showcase for impressive young talent always provides a colourful spectacle.

Tickets, costing £4, are available by calling in at the college's In Vogue Salon Reception, by telephone on (01284) 716233, or on the door.

Medical unit to help day care patients

BY JO TYNAN

Email: editorial@haverhillweeklynews.co.uk

A MEDICAL treatment unit has been set up at West Suffolk Hospital to offer a wide variety of day procedures for patients.

The dedicated unit has nine beds and eight recliners and can manage up to 17 adult patients at any one time and is located at the hospital which treats patients from Haverhill.

These patients may require a treatment, procedure or investigation, but do not need to be admitted to the hospital to stay overnight.

Staff in the unit are specially trained to provide care across different medical specialties and can perform a range of procedures, including blood transfusions, biopsies and infusions.

They can also administer intravenous antibiotics and carry out a variety of tests, including growth hormone, calcium absorption, blood glucose and PICC line checks.

The unit also offers



Day procedures: a new unit has been set up at West Suffolk Hospital in Bury St Edmunds.

recovery facilities for patients who have undergone a procedure for the management of chronic pain or who have had a procedure under sedation, such as an angiogram or angioplasty.

Cheryl Rushby, service manager for specialist medicine at the hospital, said: "Our new medical treatment unit (MTU) caters for a wide range of patients with diverse needs, and offers a variety of different procedures which would otherwise need to be carried out on a ward or in our emergency assessment unit.

They can also administer intravenous antibiotics and carry out a variety of tests, including growth hormone, calcium absorption, blood glucose and PICC line checks.

"For example, patients who need regular infusions

previously have needed to visit the wards several times during the course of their treatment.

"The vast majority of these patients will now come to the MTU instead, which allows staff on the wards to concentrate on meeting the needs of those patients who have been admitted into the hospital.

"The MTU is already bringing huge benefits to patients by providing them with care in the most appropriate place to meet their needs.

"It is also ensuring that beds on the wards remain available for those people who do need to stay in hospital overnight."

Rescue centre helps more older cats

HOMES are needed for older cats which have been taken in by a rescue organisation.

Haverhill and Stour Valley Cats Protection has been inundated with old cats after their, often equally elderly, owners have died or had to move into a care home.

The cats have already been neutered, vaccinated and microchipped and have had other veterinary checks.

At the same time the branch is offering a scheme for free neutering of male cats, in conjunction with the Homefield Veterinary Surgery. Vouchers are also available to help with the cost of neutering female cats.

The organisation is hoping to stop an influx of kittens later in the year which it struggles to cope with.

For more information contact the help line on (01440) 730096.

Gold rush helps hospice funds

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

MORE THAN £13,000 has been raised for a hospice after a jeweller appealed for scrap gold.

Griffith Jones Jewellers in Haverhill made the appeal last year as part of the 25th birthday celebrations of St Nicholas Hospice.

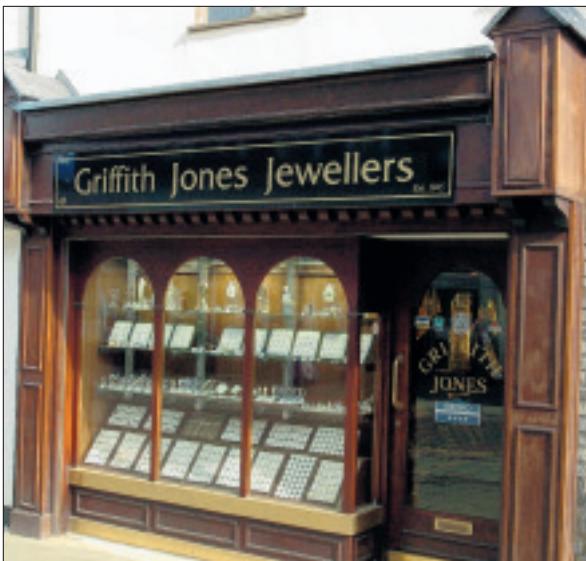
Graham Shipp, owner of the High Street shop, said: "I have always supported the hospice through collection boxes and I thought this would be another good way to help the charity.

"I would just like to thank everyone who has supported this idea and donated small pieces of gold jewellery.

"We want this to carry on and raise even more money for the hospice and it doesn't matter how small the item is, it can still help."

The shop hopes to raise £20,000 in total and Mr Shipp said that even the tiniest pieces of gold can raise money – and make a massive difference to the Bury St Edmunds hospice which helps terminally-ill patients from all over West Suffolk, including Haverhill.

Abby Hunt, corporate fund raiser for the hospice, said: "We are thrilled with the success of



Golden celebration: Griffith Jones Jewellers in High Street, Haverhill, which launched an appeal as part of its 25th anniversary.

this venture and we would really like to thank Griffith Jones for thinking of the Hospice in this way.

"It shows that such a simple gesture can make a massive difference to a very grateful

charity."

Anyone who has any pieces of scrap gold, however small, can bring it to the shop to add to the funds raised for the hospice, a charity which needs £10,000 a day to maintain its services.

Meet police at supermarket

BEAT bobbies will be meeting the public at a Haverhill supermarket next month. Police officers will hold a 'street meet' session at Sainsbury's, in Haycocks Road, on Saturday, March 6 between 10am and 11am.

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Training company's work recognised by award

A COMPANY has won a top award for its work in helping young people find a career.

WS Training, which has bases in Haverhill, Bury St Edmunds and Ipswich, was named East of England Apprenticeship Provider

for 2009 by the Learning and Skills Council.

More than 100 young people have been helped by the company in the past year.

Now it is encouraging even more businesses to make the most of apprenticeship

schemes by applying for a grant of £2,500 for employing a 16 or 17-year-old as an apprentice.

Called AGE 16 and 17, the grant is designed to make it easier for employers to take on young people.

Available until the end of March, it is being delivered by WS Training on behalf of the National Apprenticeship Service.

For further information, call WS Training on (01284) 788005 or (01473) 604260.

County policing costs set to rise

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

COUNCIL tax to pay for the police in Suffolk is set to rise by just under three per cent.

Suffolk Police Authority set a budget on Monday of £113.5 million for policing the county in 2010/11.

An average band D household will pay £160.74 a year towards policing – an increase of just under £5.

The rise maintains the county force's position as one of the cheapest in the country.

Gulshan Kayembe, who chairs the police authority, said residents' views had been considered when setting the increase.

She said: "I believe we have got the balance right."

"The financial situation for the constabulary is currently very difficult.

"We have to work under increased pressure to realise large efficiency savings, which



Right balance: Gulshan Kayembe, chairwoman of Suffolk Police Authority.

this year are set at £2.4 million.

"This is alongside the fact that we have once again received the lowest level of government grant."

Spending has been targeted at priority areas chosen through public consultation and detailed research.

Mrs Kayembe said: "Through robust financial planning and consideration of public

concerns, we aim to continue work in key areas that we know are priorities to our communities.

"Following extensive public consultation, operational service priorities for this year's budget have been agreed which focus on anti-social behaviour, criminal damage and violent crime, among others."

Mrs Kayembe added: "This year, as in previous years, the authority has set a budget which is aimed at giving the constabulary the means to continue providing a quality, responsive service to local people while trying to keep council tax increases to a minimum."

Chief Constable Simon Ash said: "The year ahead will be financially challenging, but we are committed to providing the best possible policing to our communities, to listen to and act upon their concerns and to increase their confidence in their police force."

Police hurt by assault are taking more time off

POLICE officers had to take more time off as a result of injuries in the line of duty.

Latest government figures show officers in Suffolk took 240 days off during 2008/9 following

assaults – a rise of nearly 15 per cent over three years.

But the force said that the number of assaults on officers was not increasing, although the amount of time off had

risen. A force spokesman said the number of assaults on officers was "extremely low" compared to other parts of the country.

Injuries range from minor cuts and bruises

to broken bones.

Nine officers' injuries resulted in the 240 days of sick leave and more than half the total number of days were for one officer who was seriously injured.

Haverhill Weekly News regional round-up

Help us keep you informed. We want your news. If your village or club is planning an event, let us know. If your organisation recently had an interesting meeting, let us have a report. Write to Jo Deeks at *Haverhill Weekly News*, 4 Queen Street, Haverhill, CB9 9EF, or send an email to editorial@haverhillweeklynews.co.uk

WEST WRATTING

THE first ordinary WI meeting for 2010 was on Tuesday in the village hall when a talk on epilepsy was given by Mandy Osborne from St Elizabeth's Centre.

■ A group of villagers are looking into the possibility of putting on a short comedy in October in aid of the village hall. The play in mind involves an amusing sequence of events, which take place in and around a jumble sale at a village hall, so they have the venue and scenery already.

The cast comprises six (five females and one male) and, apart from actors, helpers for backstage and front of house will be needed.

The author is prepared to waive any fees or royalties so all net proceeds can go to village hall funds.

There is a volunteer director, Frank Barker, whose vast experience in amateur drama includes some years on the technical side of professional theatre.

The script will be slightly rewritten, to give the play a 'local' feel, by Julian Robinson, a founder member of BURPS.

If you would like to be involved, there will be an informal meeting at the Chestnut Tree pub on Monday at 8pm.

Winter Comfort was the charity chosen by those who made it out in the snow to join the Benefice Choir carol-singing troupe, who raised their voices in song through the village,

making £112.

WESTON COLVILLE

THE Bumblebees parent and toddler group meets on Tuesdays from 10-11.30am at the Reading Room, where all ages from birth to pre-school are welcome – cost is £2.50 per child, £1 for each additional sibling, to include art/craft activity, toys, games, stories, songs and drink/snack.

Activities included St David's Day daffodils on February 24 and continue on March 2 with spring collages; March 9, Mother's Day cards; March 16, Easter bonnets/hats; March 23, chocolate Easter cakes; March 30, Easter egg hunt.



Help at hand: therapists Jenni Donno and Debbie Allard with David Doughty, owner of The Gallery, in the new clinic.

Hypnotherapy to help improve lives

A NEW clinic offering local people the opportunity to improve their mental and physical wellbeing has opened in Haverhill.

Indigo Hypnotherapy and Counselling use hypnotherapy and counselling techniques to help clients achieve positive changes in their life and is based in The Gallery in Lower Downs Slade.

Jenni Donno and Debbie Allard, both fully trained and registered hypnotherapists, are keen to use their skills to address some of the problems that individuals face in modern life.

Jenni said: "An increasing number of people in the UK suffer stress and anxiety in their day-to-day routine, others lack confidence or have low self esteem. We use hypnosis to provide a natural and effective solution to these and many more problems, helping people to live a happier and more fulfilled life."

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

The common perception of hypnosis is of TV hypnotists performing show-stopping stunts on the studio audience.

"In reality nobody can be hypnotised against their will or made to do something they do not want to do. As we tell all our clients hypnotherapy can only work if they really want the desired change to happen."

Jenni and Debbie joined forces and Indigo Hypnotherapy and Counselling is a recent initiative. Debbie said: "Jenni and I studied together at the University of East Anglia based at West Suffolk College Bury St Edmunds.

"After we passed our degrees in sociology and psychology we went on to study hypnotherapy and counselling at Chrysalis, a fully-accredited hypnotherapy and psychotherapy school.

"Jenni then set up Indigo and I continued with my studies as I wanted

to specialise in counselling."

Debbie already acts as a bereavement support volunteer for West Suffolk CRUSE Bereavement Care, providing support for people who have lost loved ones through death and she also works as a relief support worker with Royal Mencap.

She added: "Now that my training is almost completed I want to expand the counselling work I undertake."

"The timing was just right for Jenni and I to work together."

Indigo Hypnotherapy and Counselling offer techniques to deal with a diverse range of issues and conditions including phobias, panic attacks, unwanted habits such as nail biting, smoking and overeating, erratic sleep patterns and relationship problems.

Call Jenni on 07525 626265 to learn more about hypnotherapy, Debbie on 07787 922588 to discuss counselling or visit www.indighypnotherapy.com

Couple are to mark anniversary date with marathon run for heart charity

A SPORTING couple are going the distance to pay back a local charity by running the Edinburgh Marathon.

Haverhill residents Christian De Angelo, 31 and girlfriend Gemma Cammiss, 26, are running the 26.2 mile marathon to raise £1,000 for the British Heart Foundation.

Singer Christian has worked for a year in the charity's Haverhill branch on the High Street and found staff helped get him back on his feet after a period out of work.

He said: "I decided to volunteer for my own peace of mind but also to give something back."

"The people here have all been wonderful and have really helped me get my confidence back."

Christian previously completed the London Marathon in just over five hours – a time he hopes to improve on when running on May 23 with first-timer Gemma.

"We will have been dating two years in May and this will be the perfect way to

celebrate it," he added.

Christian will also host the Heart and Soul music night on Mill Road, Cambridge, on Saturday from 8pm with all proceeds also going to the British Heart Foundation.

To support Christian and Gemma in their cause, visit their 'Just Giving' charity pages to make a donation: <http://original.justgiving.com/gemmacammiss> and <http://original.justgiving.com/christiandeangelo>.



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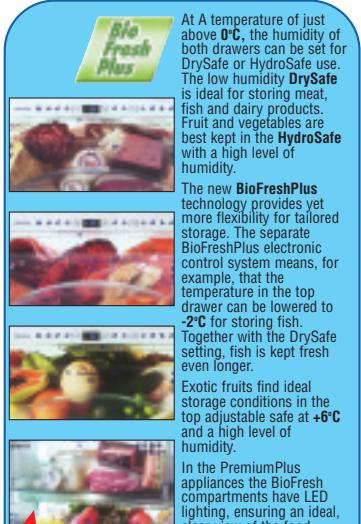
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Former addict to help others with marathon

By JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

A FORMER drink and drug addict is running in this year's London Marathon to raise money for the rehab centre that has helped him recover.

Chris Hibble sought help after attempting suicide more than three years ago.

Now he is hoping to raise enough money to pay for another person to go through the same treatment programme that he completed.

Mr Hibble, 37, will be raising money for the Bury St Edmunds-based Focus 12 substance abuse charity where he now works two days a week.

He said: "It has taken two years to get a place in the marathon. Now Focus 12 is what's known as a silver bond holder which means we're guaranteed a place every five years."

He is hoping to raise up to £4,500 which will cover the cost of another person going through



Challenge: Chris Hibble with partner Sarah Nash and their daughters Jessica and Chloe.

Picture: Richard Patterson 629001

the treatment programme.

He has already been pledged £2,000.

Mr Hibble, who lives with partner Sarah Nash, 26, and their children Chloe, six, and

Jessica, nine and half months, in George Lambton Avenue, Newmarket, hopes to complete the marathon in under six hours.

"I'll get round if I have to crawl," he said.

Mr Hibble, who is studying for a degree in counselling and psychotherapy, appealed for other addicts to seek help.

"My message to them is: 'Don't suffer in

silence. Just ask for help,'" he said.

Donations and pledges can be made at www.justgiving.com/chris-hibble or by emailing chris.hibble@hotmail.co.uk.

£10m school building schemes gain pace

SCHOOL building schemes expected to cost £10 million have taken a step forward. Suffolk County Council's proposals to rebuild and enlarge Westfield Primary School in Haverhill and build new classrooms at the town's Samuel Ward College are part of the building programme linked with the switch to two-tier schools.

Westfield, currently in Manor Road, has capacity for 150 pupils.

But the new school, set to be built on land next to the Haverhill Community Football Project in Chalkstone Way, would have room for 420. Clements Primary School in Haverhill is already due to have a new building which is set to be completed by September 2011.

Teenager charged

A TEENAGER has appeared in court accused of four house burglaries.

The 17-year-old, from Haverhill, was charged with thefts from houses in the town in Atterton Close, Sorrel Walk, Grenadier Road and Spartan Close earlier this month.

He appeared at youth court in Bury St Edmunds on Wednesday last week.

Shop windows smashed

VANDALS caused £2,000 damage by smashing two windows at an empty shop.

Two men, wearing dark clothing, are believed to have been responsible for causing the damage at the shop in Queen Street, Haverhill, at around 1.35am on Friday.

Three days earlier another shop in Queen Street was burgled when a door was forced. Cash was stolen from charity boxes and jewellery was stolen.

Anyone with information about the vandalism can call Pc Ian Davies at Haverhill police on (01284) 774100 or Crimestoppers on 0800 555111.

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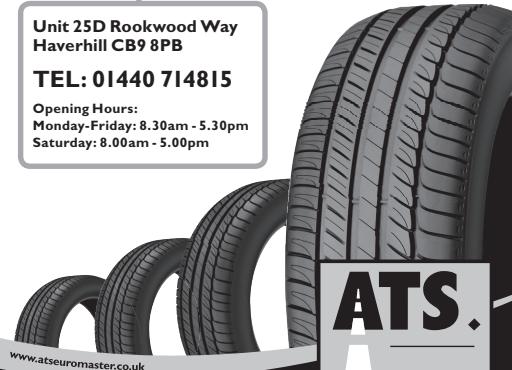


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Study offers hope to dementia sufferers

WHEN John Westwell suffered a fit at the age of 32, life would never be the same again for his family.

The father-of-two from Witchford began to change – and the behaviour of the gentle agricultural rep became an increasing source of worry for his loving wife Rosemary.

Doctors could not find the reason for his erratic mood swings for many years, but he was eventually diagnosed with early onset fronto-temporal dementia (FTD).

That collapse in 1978 was the start of a terrifying and heartbreaking decline.

As his behaviour became threatening to Rosemary, John left his family home and was sectioned in 1992. He has remained in care for the past 18 years as dementia took grip.

Rosemary, now 62, said: "The worst thing is he is not the man I married, but occasionally he is aware of that himself.

"His eyes tell me more than anything else nowadays.

"The other day a nurse brought in a snowflake and put it on his arm. He managed to say 'cold', which shows he is in contact with the world.

"He can't speak, move or feed himself – the man he used to be would hate that.

"His collapse in 1978 was the start and it's been a continual deterioration since then."

But it is research in Cambridge which could

Scientists in Cambridge have announced the discovery of a 'dementia gene' – offering hope to families affected by the terrible condition. JACK GROVE looks at how research could transform the lives of more than 6,000 sufferers in Cambridgeshire.

bring hope to families afflicted by a diagnosis of dementia, of which there are 6,000 in Cambridgeshire and 820,000 in the UK.

Last week, scientists working at Cambridge University's Brain Repair Centre on the Addenbrooke's site announced they had found a gene which is associated with the increased risk of FTD – the type of dementia endured by John, who is now 63.

Neuroscientists studied the brains of 515 FTD sufferers and 2,000 healthy people to isolate the 'dementia gene'.

Alison Cranage, from Shelford-based charity the Alzheimer's Research Trust, which part-funded the research, said: "There are lots of things happening in Cambridge – it's all about putting together the pieces of a puzzle that could lead to finding a cure to dementia.

"There are loads of clinical trials happening and researchers also collaborating with other universities and institutes to pioneer new work.

Social and financial cost of the condition

- 820,000 – People afflicted by dementia in the UK
- £23 billion – Cost of dementia to the UK economy each year
- £27,647 – Average cost per year of looking after someone with dementia
- £50 million – Annual amount spent on dementia research. £590 million is spent on cancer research.
- £12.4 billion – Cost of care for dementia sufferers provided by unpaid carers
- 1.5 billion – Hours of unpaid care provided by relatives and friends of dementia patients.
- 304,850 – Dementia patients in UK care homes.
- 9 billion – Cost of keeping dementia patients in long-term care.

"The latest research was about finding out about the genetics of dementia, so we can understand what is happening in the brain, and perhaps find new drugs or a new way of treating this illness."

Sheila Burgess, a dementia support worker



Continual deterioration: Rosemary with her husband John Westwell, who was sectioned in 1992.

for the Cambridge and Ely branch of the Alzheimer's Society, said she was heartened to hear of the work – and by the increased awareness of the disease.

She said: "Unless your family is affected by dementia, you tend not to know what it is.

"That's why it was excellent to see someone like Sir Terry Pratchett speaking so openly about his condition. People relate to him because he is a figure in the public eye.

"It used to be something that was not spoken about, but that is changing.

"We provide a variety of activities, such as social and lunch groups, where people affected by dementia can mix together. You can find information and support, but the social aspect of these groups is also very important."

Rosemary Westwell said Sir Terry's admission of his condition has been a great source of comfort.

"When I heard him speaking, I almost cheered.

"As a sufferer himself, he knows how the rest of us feel and it's great that he's raising the issue of dementia and the level of support required by sufferers and their family."

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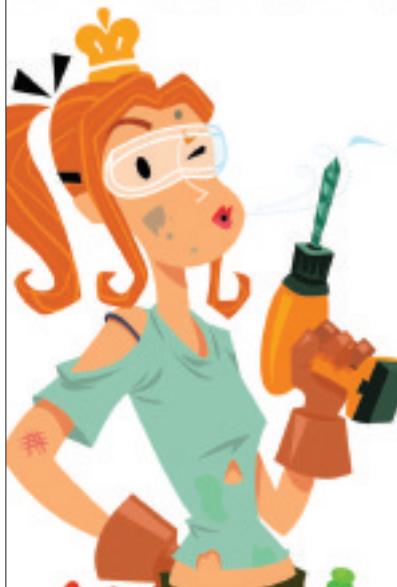
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Do you know a Mum-in-a-million? Please send a short piece and a photo to Melissa Adam, Haverhill Weekly News, 4 Queen Street, Haverhill, Suffolk, CB9 9EF. Email: advertising@haverhillweeklynews.co.uk

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Winners in film will be Made in Haverhill

SOME exciting films have been submitted for the 'Made in Haverhill – Cineworld Youth Film competition' and judging will soon be underway.

This is a chance for young people aged 13-19 to make a film and have it shown on the big screen at a special event in Cineworld at the end of February.

Look out for details of the winners!

More winners: this time from the prize draw in the Haverhill Town Centre Shops and Services Directory for 2009/10.

The winners are John Feria, Charlotte Rush, Jacqueline Sharpe and Jenny McGlue, all from Haverhill.

Their favourite shops are Aldi, Costa Coffee, British Heart Foundation and the Saturday market.

The replies showed that most people think the directory is useful.



Haverhill town centre manager Tina Hanks reveals the success of the latest shops and services directory

to find out about and take advantage of public sector procurement opportunities with the local councils, the United States Air Forces in Europe, the Olympics, Suffolk Chamber of Commerce and many others.

It will be held at West Suffolk House, Bury St Edmunds, on Wednesday, March 24 between 3pm and 7pm.

You can drop in or sign up for seminars.

For further details, contact Natasha Smith on 01638 719786.

Haverhill continues to attract thriving new businesses: Timpson is the new owner of the shoe repair shop at 3 Queen Street and joins Debonair Dry Cleaning in Queen's Square and Morris Armitage, Estate Agent, and Excalibur, Chartered Accountants, both in Station Road. Welcome to them all.

Now that the weather is getting better and the days lighter, why not have a look at how good Haverhill's shopping offer has become?

■ Contact me by email at tina.hanks@stedsbc.gov.uk or call 01440 765100.



Attracting businesses: the town has more good news for shoppers.

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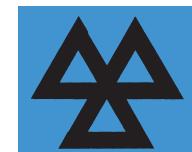
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'Discovering this gift – to talk to the dead – has changed my life'



A GIFT?: Donna says people have a right to be sceptical about her work.

Picture: Pete Felstead 623623.

AS she opens the door, wearing slippers and clutching a cuppa, Donna Fallon breaks into a warm smile. "Hello! It's so nice to see you. Come on in," says the mum-of-three. "It's freezing out there. D'you want a cup of tea? That'll help warm you up . . ."

Leading the way into her cosy cottage, complete with roaring log fire, comfy sofas and a sideboard covered in framed photos of her kids, Donna is all smiles and chatter.

"A lot of people seem to think all mediums have pink hair and wear gypsy dresses," she laughs. "As you can see, I'm just ordinary. Yes, I can communicate with people who've passed on; that's a bit unusual. But it's my job."

"When I've finished a reading, I still have to go supermarket shopping, get the dinner, get the school uniforms ready – all the things a mum has to do."

Donna, who lives in Wimpole, has been working as a medium for

BY ALICE RYAN

Email: editorial@haverhillweeklynews.co.uk

the last two years. Although she believes "mediums are born, not made", the 40-something says she only discovered her ability to communicate with spirits five years ago.

"I always felt different, but I didn't know why," she reflects. "This time five years ago I was a stay-at-home mum who wasn't qualified to do anything and couldn't even drive a car."

"Don't get me wrong: I absolutely love being a mum. But, by then, my kids were all at school – and I was at home, watching other mums going off to work in the morning. Looking back now, I realise I didn't really have any confidence in myself."

Walking through from the kitchen, carrying the promised cup of tea, Donna settles herself on a sofa ready to have her photo taken. Suddenly she turns to the photographer: "Peter? It is Peter, isn't it? I hope you don't mind, but I've got your dad coming through . . ."

"Oh, he's a real character! He says he would never have believed in this sort of

thing when he was alive. He was a real sceptic – and he's finding this hysterical . . ."

Donna spends the next few minutes relaying what she describes as messages from Peter's dad. Among other things, she mentions an in-joke about hair ("He had a lot less than me," Peter laughs), concern for his son's headaches (which Peter says have improved lately) and a date at the end of August (his dad's birthday was August 28).

Donna says she discovered her gift when, after losing two members of her own family, she felt drawn to attend a spiritualist church in Royston.

"My mother-in-law and sister-in-law died within a couple of weeks of each other," she says. "My mother-in-law died suddenly; my sister-in-law had cancer. I started to wonder where they'd gone – and whether we could hear from them."

One day, while sitting in the congregation, Donna fell into conversation with the woman next to her in the pew. "She was a medium," she recounts. "She said 'You're going to pass your driving test. Your daughter is very shy, but she's going to become an actress. And you're

going to be a medium.'

"Well, I have passed my driving test. My daughter, who's now 18, is doing acting work. And I'm a medium."

Donna describes that moment in church as a real epiphany. Shortly afterwards, she joined a development circle, for mediums who want to hone their abilities. "For quite a while nothing was happening," admits Donna. "But then I went on a training course and something just clicked."

"I'll always remember this one exercise where I had to work with an American lady. I just knew her dad was there. I felt this pressure on my head and suddenly knew he'd been shot – and that he'd had a problem with drugs."

"He gave me a very personal message for her and, when I told her, she said 'You'll never know what that means to me.'"

From then on, Donna says she has been able to tune into the spirit world at will. "Things really took off after my nan died two years ago," she adds, pointing to a framed black and white picture by the fireplace. "She was 92 and, when she passed, she became my guide."

Donna says her grandmother helps her contact other spirits. "I

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Guide: Donna says her grandmother, pictured right, helps her contact the spirit world.

Pictures: Pete Felstead 623610/11/17

never see the spirit world," she adds. "I'm what's known as clairaudient – I hear them."

So what does Donna believe happens to people when they die? "I know there's a tunnel and I know there's a light," she says. "And I know that, when people go over to the light, their loved ones are there waiting for them. I also believe in God; I say my prayers at night."

Donna, who grew up in Liverpool, admits a lot of people are sceptical both about her beliefs and her ability to communicate with the dead.

"I don't feel the need to convince or impress anyone," she says. "I respect people's right to believe what they believe – I'm not going to drag them off the street and try to convert them. Everyone's got their own free will to think what they like."

Donna says that a born-again Christian once told her she was evil to do what she does, but she says her readings give people a lot of comfort.

"If someone's only recently been bereaved, I often say that I think it's



“There’s a tunnel and a light, and people’s loved ones are waiting for them . . .”

too soon for them to have a reading," she continues. "Their emotions are still so raw; it could be very painful for them.

"The hardest thing for me is doing readings for people who've lost children. Nobody should ever lose a child."

Donna charges £30 per reading, which usually lasts 30 to 45 minutes. "If people take issue with the fact I charge I'd say 'This is my job,'" she adds. "And I do try to do as much charity work as I can: I'm doing

fundraisers for a baby hospice and cancer research over the next couple of months."

Just over a year ago, Donna opened a stall in Stevenage, offering readings and selling angel cards, meditation CDs and her own range of jewellery.

"Discovering this gift has been life-changing for me; my life is so different now," she says. "And I've got so much more confidence: I can stand up in front of a whole congregation and do a service."

"The best way I can think to describe it is that I feel complete now. I know that might sound weird, but it's true: I feel complete."

■ **Donna is doing a fundraiser in aid of the Breast Cancer Campaign on March 12 in Biggleswade. For more information, visit www.donnafallon.co.uk**

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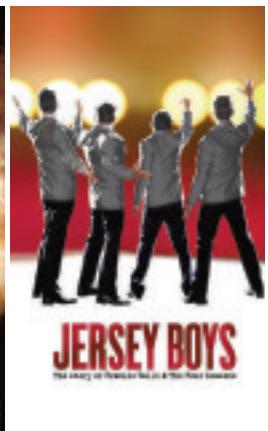
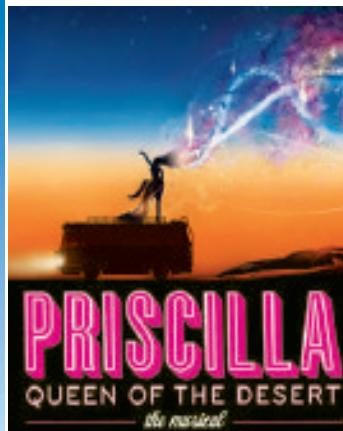
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Liam to feature in film on dyspraxia

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

A NEW film featuring Haverhill's Liam Plumridge is set to be launched by Sir Trevor McDonald on Monday.

The film is all about The Dyspraxia Foundation, is directed by award-winning director Emma Parsons and shows some of the members and support offered by the Hertfordshire group of the foundation.

It features Liam who talks about the challenge of living with dyspraxia and how the foundation has helped him as part of his role as an ambassador for the charity.

Liam has already starred in a BBC documentary which charted the physically and mentally gruelling trek he took across the Andes led by a former SAS commando.

Fellow dyspraxia sufferer Rachel Matthews also talks about her experience in the new film which will be shown on the Community Channel.

People with dyspraxia have problems with their balance and co-ordination and



Ambassador for dyspraxia: Liam Plumridge.

it can often be frustrating for sufferers.

Liam, in a previous interview with our sister paper the *Cambridge News*, said:

"Dyspraxic people can have problems with all kinds of things other people think of as simple like tying shoelaces or opening a can of beans. The brain sends out messages but, somewhere along the line, the body says 'no thank you, not today'. I look like a normal guy but it is what they call one of the hidden disabilities."

A spokesman for the Dyspraxic Foundation said: "We are very honoured that Sir Trevor has agreed to get involved in the premier broadcast for Media Trust films, which have sponsored the production of our new film as part of their Volunteer Films project.

"The film will support our work in raising awareness with professionals in the teaching and health sectors and also demonstrate our work and the need for financial support when fundraising."

The Dyspraxia Foundation film will be introduced by Sir Trevor at 7.30am and 7.30 pm on Monday.

The Community Channel can be viewed on Sky 539, Virgin 233 and Freesat 87.

The film will also be live next week on the Community Channel website.

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WEEKLY NEWS THE GUIDE

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From pirate radio to No. 1: the rise and rise of Tinchy

While I've interviewed a fair few celebrities in my time, I have to admit the prospect of an audience with über cool rapper Tinchy Stryder put me slightly on edge.

As I waited for his call, I wondered if I should transform my persona into something distinctly more 'street' to chew the fat with the East London boy dubbed Britain's hottest new rapper.

But as the urban star's right-hand woman prepared to put Tinchy on the phone, I decided that being 'me' would be the safest bet, fearing I'd end up sounding lamer than Richard Madeley doing his infamous Ali G impression.

"Hey, how's it going, are you all talked out yet?" I probe, as the grime star comes to the phone for his fourth back-to-back interview of the day.

"No man, I'm all good," he says, with a chuckle. Phew, the ice is broken.

For those of you who haven't yet grasped the concept of 'grime', no, it isn't that thing that Kim 'n' Aggie off the telly aim to banish with a generous dose of white wine vinegar and a Brillo pad. It is, in fact, a genre of urban music that has been emerging from London's underground since 2002, influenced by UK garage, drum 'n' bass and hip hop; think back to last summer and Wiley's hit *Wearing My Rolex* or Dizzee Rascal's *Boomers*.

Twenty-two-year-old Tinchy (or Kwasi Danquah, as his Ghanaian parents know him) moved to Bow when he was eight,

As he prepares to bring his killer rhymes to Cambridge, pop's new prince of grime chats about his rapid rise to fame with LOUISE CUMMINGS.

started writing lyrics and MC-ing at the tender age of 11, and by 13 had his own spot on pirate radio, making music with his group Ruff Sqwad, alongside the likes of Mercury winner Dizzee and the renowned King of Grime, Wiley.

"My older brother used to have turntables and Dizzee and other mates would come to my house and record house tapes. Then we'd go to youth clubs and play little house parties," Tinchy recalls. "After that, the next stage in our world was to get on to pirate radio stations and it was hard to get on; we had to pay. So we did that for a while."

From there, Tinchy's career had a boost from a rather unconventional source – middle-age Norfolk Liberal Democrat MP Norman Lamb. Lamb's son Archie re-mortgaged the family home to bankroll his music label – Takeover Entertainment – with his mate Jack – and the pair spotted Tinchy's potential and signed him up.

"I had a mix CD out and Takeover Entertainment used to put raves and events nights on in Norwich, and they booked me for one," Tinchy explains. "After seeing me one night, they approached me to be on their music label. I felt like there was nothing to lose and we seemed to be going in the same direction, so we did some independent stuff together."

Though he is now signed to Island

Records, Tinchy is still grateful to have had the backing of down with the kids' MP Norman Lamb. "He's cool man. He'd come to see me at gigs when he could and would always be standing in a suit at the back," he recalls.

The MC has since gone on to rocket out of the underground, having released his debut album, *Star In The Hood*, in 2007, been appointed the 'Prince of Grime' by Wiley, then followed up his success with his sophomore album, *Catch 22*, being named one of the hottest albums of last year. He's even found time to establish his own clothing brand, Star In The Hood, and claims to wear his own label clothes every day.

"It's mad!" he remarks, bemused by it all. "It's been a long journey when I look back at it, and it all started as a hobby because, really, I only ever wanted to be a footballer; that was my dream as a child, to play for Manchester United. But you need a lot of dedication getting into football at that age and I just got side-tracked; the music got me in the end."

It certainly did, with Tinchy's second album spawning a succession of chart-toppers; his collaboration with Taio Cruz on *Take Me Back*, got to number 3, while his aptly-named *Number One* – a collaboration with Dappy from N-Dubz – gave Tinchy his first taste of life at the top of the charts.

"That was such a great feeling. I was

on tour with N-Dubz at the time and we were in a hotel, actually I think we were in Cambridge, and we had to go back to London to go on Radio 1, so the feeling was unreal. It was one of those experiences you couldn't explain. I never dreamed I'd have a number 1."

The super cool MC followed up that with another chart-topping collaboration, this time with Sugababes vocalist Amelle Berrabah on the hit *Never Leave You*.

"She was really cool to work with. People asked me what it was like working with her, thinking she might be hard work, but she was no diva; we really got along," he muses.

Last year, Tinchy celebrated his first ever headline tour, selling out throughout the UK, and he's hoping for similar success on his second tour, when he brings his unique brand of grime rhyme to Cambridge Corn Exchange next week. "Yeah man, I'm really looking forward to the tour," he enthuses. "Especially because the first one I had last year went so well, and sold out, which was amazing. I'm looking to just step it up again now, and maybe bring along a live band."

■ **Tinchy Stryder performs at Cambridge Corn Exchange on Monday. Call the box office on (01223) 357851.**



Leisure or events news? email paul.kirkley@cambridge-news.co.uk call (01223) 434448

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Stephan

Trio

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Fri 12 March 7.30pm

Germaine

Greer

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WED 3 Mar 7.45pm

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Avatar 2d (12A)

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The First Day of the Rest of Your Life (15)

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WEEKLY NEWS

Nick brings folk, love and family

NICK Harper, son of the legendary UK singer-songwriter Roy Harper, plays The Junction in Cambridge on Monday.

Nick has played guitar since the age of 10 and was surrounded by the likes of Keith Moon, Jimmy Page, Robert Plant and Dave Gilmour as he grew up.

After six studio albums and a double live CD and 2 EPs, Nick's work is still as fresh and vital as that of his first solo release in 1994.

The recently released sixth studio album, *Miracles For Beginners*, is a return to a more stripped-down acoustic based style, from the folk tale of the meeting of King Henry VIII and Francis I in 1520 to a beautiful Latin-tinged paean to the Bolivian President Evo Morales.

But, as with his highly personal 2004 release, *Blood Songs*, he still has time to sing about the most important things in his life – family, friends and love.

The show starts at 8pm and tickets are £10. Phone (01223) 511 511 or go to www.junction.co.uk

Enjoy Saturdays in the forest

THE Saturdays have announced a gig at Thetford Forest, near Brandon, on Friday, July 9.

The show will be part of Forestry Commission Live Music, a series of concerts by an eclectic mix of acts in spectacular woodland locations around the country.

A combination of nifty, killer tunes and super-tight performances has taken The Saturdays – Frankie, Mollie, Rochelle, Una and Vanessa – to become permanent fixtures on the UK charts.

Tickets £26.50, subject to booking fee, are now on sale from the Forestry Commission Box Office on (01842) 814612 or buy online at www.forestry.gov.uk/music

Rockin' on with Dracula and African punk beats

HAVERHILL Art Centre regulars, Eastern Angles, return to the stage with their latest play tonight.

The Long Way Home is a traditional folk tale taken from the heart of old Europe, and brought into the modern age through storytelling, music and magic.

An old woman decides to walk to the village of her birth, a journey through dark woods and over snow-capped mountains. In the forest she meets a wild young boy whose only means of communication is to bark like a dog and the two become unlikely travelling companions.

It starts at 7.30pm.

■ Robert Plant guitarist Justin Adams and Gambian musician Juldeh Camara fuse Clash-style punk energy with West African trance rhythm in *Tell No Lies* on Saturday at 8pm at the arts centre.

Camara plays a single string violin which sounds like a blues harp one minute and a Celtic fiddle the next while Adams draws on his love of punk and dub reggae.

From the pulsing rock and roll of Kele Kele to the Sonic Youth-esque Sahara and the Muddy Waters influenced Fulani Coochie Man, this is a groundbreaking meeting of Western rock and African tradition.

■ When Sherlock Holmes, Quasimodo, Count Dracula and many more gather in the innocent town of Dewberry, the result is a musical sensation.

Stoke College present *The Dracula Rock Show* next Tuesday and



Aiming for an Oscar: the critically-acclaimed Avatar comes to the arts centre big screen next week.

Month of shows for thespians

THE Young Actors Company is set for a busy month ahead when they stage four productions in theatres around Cambridge.

The Senior Stage Academy will be performing adaptations of two of Shakespeare's greatest tragedies – *Romeo and Juliet* and *Macbeth* – at The Mumford Theatre at Anglia Ruskin University

Amidst the turmoil of London's Vietnam Riots circa 1965, a young police officer and a beautiful protestor fall in love in *Romeo in Juliet*.

In *Macbeth* it's 1928 and the St Valentine's Day Massacre has shocked Chicago. An ambitious mobster and his devious wife seek to take the city.

Romeo and Juliet is on March 17 and 19, with *Macbeth* on March 18 and 20. All shows start at 7.30pm. Tickets are £9/£7. Phone (01223) 352932.

The company then moves on to the The Corpus Christi Playroom, in Benet Street, to perform *Alice in Wonderland*.

It's on from March 18 to 20 at 7pm. Tickets: £8/£6. Phone (01223) 416474.

The Perse School for Girls, Union Road, hosts *Find Me*, the true story of Verity Taylor, who suffered from an undiagnosed mental disorder before being incarcerated indefinitely in Broadmoor.

It runs from March 25-27. at 7.30pm. Tickets £8/£6. Phone (01223) 416474.

Cinema Listings

HAVERHILL CINEWORLD

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■ Times from Fri Feb 26, until Thu Mar 4

advance booking now available

○ Alice In Wonderland (Pg):

Daily 4.45pm, 6.30, 9.30pm

Sat 11am, 1.30pm. Opens

Friday March 5th

now showing

The Crazies (15): Daily 4.15pm,

6.45pm, 9.15pm; Sat 11.15am,

1.45pm; Mon 1.45pm

Leap Year (Pg): Daily 8.15pm;

5.30pm except Sun, and

Mon; daily 2.45pm; Sun 6.05pm

The Lovely Bones (12A): Daily

5.45, 8.45pm; Sat and Mon

3pm

Subtitled Sun 3pm, Mon 5.45pm

Valentine's Day (12A): Daily

9pm; daily except Sun 6.15pm

Percy Jackson & The Lightning Thief (Pg): Daily 6pm; Sat and

Sun 12.15pm; Sat and Mon

3.15pm

The Princess And The Frog (U):

Daily 4pm; Sat and Mon 1.30pm

Invictus (12A): 8.30pm

Astro Boy (Pg): Sat 11.00am,

1pm; Sun 1pm

Alvin And The Chipmunks 2: The Squeakquel (U): Sat 10.50am;

Sat and Sun 12.45pm

Where The Wild Things Are (Pg):

Sat 10.30am

Planet 51 (U): Sat 10.20am

cinebabies - parent & baby

screenings (under 18 months)

Leap Year (Pg): Mon 11.30am

The Lovely Bones (12A): Mon

11.30am

Invictus (12A): Mon 11.30am

Subtitled (12A): Mon 11.30am

Invictus (12A): Mon 11.30am

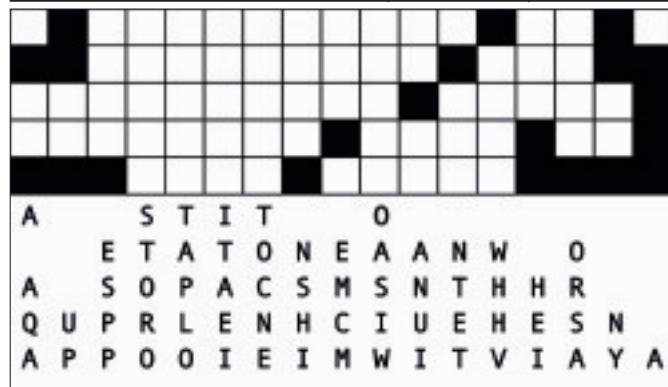
THE GUIDE

CROSSWORD

SUDOKU

LOST LETTERS

KNOWLEDGE QUIZ



Lost letters 2

In each of these puzzles a famous or popular quotation fills the grid. The individual letters remain in their correct column, but have fallen out and are out of order. Reinsert them in the correct order to find the answer. Any punctuation is given in its own square.

This quotation is from US politician and wit Adlai Stevenson.

■ Last week's solution: 'Fish and visitors stink after three days'

FOUR Ws

- WHO...wrote the novels *Living, Loving and Back?*
- WHAT...in Scotland is a tocher?
- WHERE...did Haile Selassie live in exile during the Italian occupation of Ethiopia?
- WHEN...was the G77 group of developing countries founded?
- WHO...released the album *H To He, Who Am The Only One?*
- WHAT...is the melting point, in degrees Celsius, of nickel?
- WHERE...in Europe is the litas the standard unit of

currency?

WHO...was the Prussian and German decoration for bravery the Iron Cross instituted?

WHO...coached Holland in the 2006 FIFA World Cup Finals?

WHAT...nationality was the poet Georg Trakl?

WHERE...in South America is the lake Poopo?

WHEN...was the Nobel Prize in Economics first awarded?

Answers: 1. Henry Green; A dowry brought by a bride to her husband; England; 1964. 2. Van Der Graaf Generator; 1455; Lithuania; 1813. 3. Marco van Basten; Austrian; Bolivia; 1969.

	5	3	4	6
2	7	4		
6		9	1	5
	1		4	5
2	6	8	9	
4	5	2		7
	1	6	7	3
			9	8
8	9		6	3

Sudoku 89:

Place a number from 1 to 9 in each empty cell so that each 3x3 block, column, and full row includes each of the numbers from 1 to 9 only once.

4	9	5	7	8	6	1	2	3
7	3	6	2	9	1	4	8	5
8	1	2	4	5	3	6	7	9
2	4	3	8	6	5	9	1	7
9	7	8	1	3	2	5	4	6
6	5	1	9	4	7	8	3	2
5	6	7	3	1	8	2	9	4
3	8	9	5	2	4	7	6	1
1	2	4	6	7	9	3	5	8

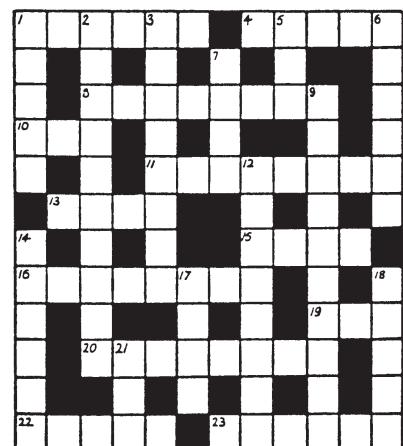
■ Last week's solution.

Crossword

2154

Across

- In the Final I have some salad. (6)
- Space to act in a resort. (5)
- Greek hero suffers cold in rough sea. (8)
- Woman follows US city rules. (3)
- Spoil recount round at defensive tower. (8)
- Sore spot for son, yet different. (4)
- Get a lift from free enterprise, initially. (4)
- Owned they'd been let in. (8)
- Dance achieves average returns. (3)
- Make impression with unfinished garden in panicky rush. (8)
- Recent work of fiction. (5)
- Good man gives new name to part of flower. (6)



Down

- High score, of course, for a bird. (5)
- Sketch mystifies, so act to end the game. (4,6)
- Animal doctor captures tough guys, showing strong feeling. (8)
- Eggs in a line, say. (3)
- Give performance I put on in battle. (6)
- Aspersion cast in indistinct words. (4)
- African boy, the best, is dressing. (5,5)
- Most sluggish sailor to pass on street. (8)
- Vehicle, a weight, comes in box. (6)
- Dull oriental rug turned up. (4)
- Take a quick turn

round a country. (5)

Game support for a meal, say. (3)

Solution to 2153: Across: 1. Discord; 4. Gash; 6. Rangoon; 9. Opiate; 11. Bilge; 12. Talkie; 15. Untied; 18. Omega; 19. Scream; 21. Preside; 23. Isis; 24. Stoppag. Down: 1. Dark Blues; 2. Singlet; 3. Rio; 4. Genial; 5. Spot; 7. Obese; 8. Nowt; 10. Eye make-up; 13. Adore; 14. Keeping; 16. Ideals; 17. Damp; 20. Cats; 22. Rut.

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Raise up your veg patch to make most of small spaces

When some wooden rectangular frames about half a metre high were erected on a spare patch of land at my children's school this week, I was heartened to discover that the pupils are going to be growing their own veg in raised beds this year.

It prompted me to think that if you simply haven't got space for a vegetable patch in your garden, a raised bed must be the answer.

It doesn't have to be anything elaborate – you can buy ready-to-assemble DIY raised beds, or just make a simple baseless frame out of some planks of wood, cut-off fenceposts and galvanised screws.

Once you've assembled the frame, hammer the corner stakes into the ground with a mallet, using an old piece of wood to protect the frame.

Raised beds don't have to be really tall, as 15cm is enough to warm the soil earlier in the spring and improve drainage, which allows you to plant sooner in the year and benefit from earlier crops.

However, if you build them higher, they will be great for people with creaky backs and make



by Hannah Stephenson

gardening easier, and will allow you to grow root crops such as carrots which need stone-free, deep soil to stay straight. Plus, you can do all the work from the edges, without ever treading on – and therefore compacting – the soil.

They're particularly good for gardens with wet, heavy clay soil as they improve drainage and warm up faster in spring.

Raised beds don't have to be dug over every year like regular borders. Just put a 10cm layer of organic matter such as compost on the surface each year, and the worms should help it work its way in.

They're great if you have poor soil, because you can just fill them with richer soil with added organic material to help the veg on their way.

You can reap rich rewards from raised beds as it's possible to plant

closer and still get good yields because the planting and sowing are concentrated in deep, fertile soil which hasn't been trodden down or hindered drainage-wise. You can also fill the raised bed with soil which is suited to the particular crop you want to grow.

Raised areas are also generally easier to manage than full-blown veg plots, which have to be planned, planted and maintained.

When placing your raised bed on the ground, fork over the soil in the bottom, removing all weeds, and make sure the ground is level before siting your raised bed and filling it. You're best off growing veg in a sunny position.

Remember also that you need to be able to either walk around or work your patch without having to step on the soil, so ideally beds should be no wider than 1.2m (4ft) and no longer than 3m (10ft) or it will take you a long time to walk around them.

If your soil is light and free-draining, incorporate lots of garden compost or composted bark to help it retain moisture. If it's heavy or badly drained, mix in both composted bark and sharp gravel. Often a 50/50 mixture of good topsoil and well-rotted manure or compost is ideal. Once the bed is filled, water it well.

Choose high-yielding and fast-growing crops such as radishes, baby carrots and lettuces to give you several harvests each season, and make sure you sow enough seeds to give you replacement plants to fill the spaces when the first crop has been picked.

Try to go for the veg which don't take up masses of space. Perennials such as artichokes and asparagus should be avoided in small spaces, while crops like cabbages take a long time to mature and will use up valuable space in your bed.

Go for dwarf varieties and bush forms rather than larger crops.

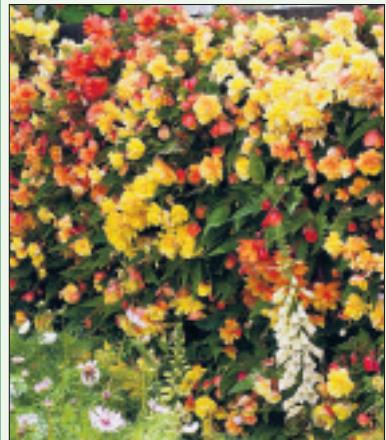
BEST OF THE BUNCH Anemone

The early spring-flowering anemone, *A. blanda*, is easy to grow and thrives in bare ground or sparse grass under trees, quickly naturalising into a lovely patch of colour. Varieties with blue, pink and white flowers are available and look wonderful if planted together to form a little tapestry. Anemones also look great planted among the yellow blooms of the winter aconite and the propeller-shaped flowers of Cyclamen coum. The hard, knobbly bulbs of *A. blanda* should be planted shallowly in the soil in autumn, arranged randomly for a natural effect.

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LEAP YEAR PG (2.45 Sa-M only), (5.30 except Su), (6.05 Su only), 8.15

THE LOVELY BONES 12A Contains child murder, disturbing scenes and moderate violence. OSCAR AWARD NOMINATED (3.00 Sa-M only), 5.45, 8.45 (8.00 except Su), 10.45 (8.00 M only) (S) Subtitled (Performances (3.00 Su only), (5.45 M only)

VALENTINE'S DAY 12A Contains moderate sex scenes. (6.15 except Su, 9.00)

PERCY JACKSON AND THE LIGHTNING THIEF PG (12.15 Sa-su only), (3.15 Sa-M only), 6.00

INVICTUS 12A Contains infrequent strong language. OSCAR AWARD NOMINATED (8.30)

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THE GUIDE | WEEKEND TV**SATURDAY****BBC1**

6.00 Breakfast.
10.00 Saturday Kitchen.
11.35 Rachel Allen: Home Cooking.
12.00 BBC News; Regional News; Weather.
12.15 Football Focus.
1.00 Live Six Nations Rugby Union. Italy v Scotland (Kick-off 1.30pm).
3.30 Live Six Nations Rugby Union. England v Ireland (Kick-off 4.00pm).
6.00 BBC News; Regional News; Weather.
6.20 Total Wipeout. Hosted by Richard Hammond.
7.15 Let's Dance for Sport Relief.
8.30 The National Lottery: In It to Win It. Dale Winton presents the quiz show in which five contestants answer questions to scoop a big prize.
9.20 Casually. Adam puts his life on the line at an accident scene reminiscent of the tragedy that killed Harry.
BBC News; Weather.
10.30 Match of the Day. Gary Lineker presents highlights of today's Premier League clashes, including Chelsea v Manchester City and Stoke City v Arsenal.
11.40 The Football League Show. Manish Bhasin presents highlights from today's fixtures in the Championship, League One and League Two.
12.55 Friday Night with Jonathan Ross.
2.00 BBC News.

BBC2

6.00 CBeebies: Jakers!
6.20 Clifford.
6.35 Brum.
6.45 Louie.
7.00 CBBC: Dennis and Gnasher.
7.15 Dennis and Gnasher.
7.25 Sportsround.
7.40 What's New Scooby-Doo?
8.00 Richard Hammond's Blast Lab.
8.30 Jump Nation.
9.30 Prank Patrol.
10.00 Ed and Ouch's Excellent Inventions.
10.30 Keep Your Enemies Close.
11.00 The Slammer.
11.30 My Life.
12.00 Winter Olympics.
1.30 BBC Switch: Greek.
2.15 BBC Switch: The 5:19 Show. Youth music show.
2.25 FILM: On Moonlight Bay (1951). Romantic musical comedy, starring Doris Day.
4.00 Flog It!
4.30 Final Score.
5.15 Alaska: The Arctic Man Ski & Sno-Go Classic. Ed Leigh and Graham Bell compete in the Arctic Man event.
6.00 British Columbia: Canada's Olympic Wilderness.
7.00 Live Winter Olympics. Sue Barker and Clare Balding are joined by Alan Baxter and Kerrin Lee-Gartner to present coverage of the penultimate evening of the Vancouver Games.
7.20 Nurse Jackie.
7.30 FILM: Honeydripper (2007). Drama, starring Danny Glover.

ITV

6.00 GMTV.
9.25 The Planet's Funniest Animals.
9.55 The Crocodile Hunter Diaries.
10.55 Dickinson's Real Deal.
11.55 Michael Winner's Dining Stars.
12.55 News and Weather.
1.04 Anglia Weather.
1.05 FILM: Murder, She Wrote: The Celtic Riddle (2003). Mystery, starring Angela Lansbury.
2.50 Kids Do the Funniest Things.
3.50 FILM: Bean (1997). British comedy, starring Rowan Atkinson.
4.50 Anglia News and Weather.
4.55 ITV News and Weather.
5.45 All Star Family Fortunes.
6.00 Vernon Kay hosts. Last in the series.
6.45 New You've Been Framed!
7.15 Harry Hill's TV Burp.
7.45 Ant and Dec's Push the Button. Ant and Dec return to the prime-time weekend schedules with this new game show.
8.45 All Star Mr & Mrs. Fern Britton and Phillip Schofield host.
9.45 FILM: The Break-Up (2006). A thirtysomething couple's seemingly perfect relationship deteriorates into a series of petty squabbles. Comedy drama, starring Jennifer Aniston and Vince Vaughn.
11.45 ITV News.
12.00 FILM: Mermaids (1990). Comedy, starring Cher, Winona Ryder, Bob Hoskins and Christina Ricci.
1.55 Six Degrees.

CHANNEL 4

6.15 The Hoobs.
7.05 World Sport.
7.30 Road to the 2010 FIFA World Cup.
8.00 The Morning Line.
8.55 T4: Friends.
9.55 T4: Friends.
10.55 T4: NME Awards 2010.
11.50 T4: Ultimate Traveller.
12.55 Smallville.
1.55 Channel 4 Racing from Kempton Park and Newcastle.
3.55 Three Hungry Boys. Trevor, Thom and Tim visit a farmers' market.
4.25 Come Dine with Me.
4.55 Come Dine with Me.
5.25 Come Dine with Me.
5.55 Come Dine with Me.
6.30 Come Dine with Me.
7.00 Channel 4 News.
7.30 The Russians Are Coming, T
8.00 FILM: Fantastic Four: Rise of the Silver Surfer (2007). Sci-fi adventure sequel, starring Ioan Gruffudd, Michael Chiklis and Jessica Alba.
9.45 FILM: Under Siege (1992). Action adventure, with Steven Seagal, Tommy Lee Jones and Gary Busey.
11.45 Alan Carr: Chatty Man. The comedian is joined by rock singer Courtney Love and TV presenter Steve Jones.
12.35 FILM: Raising Victor Vargas (2002). Drama, starring Victor Rasuk and Judy Marte.
2.15 The Dead Zone.

five

6.00 Sunrise.
7.00 Milkshake! Elmo's World.
7.15 The WotWots.
7.30 Milkshake Monkey.
7.35 Chiro.
7.40 Make Way for Noddy.
7.55 Milkshake! Bop Box.
8.00 Hana's Helpline.
8.15 Mist: Sheepdog Tales.
8.30 The Adventures of Bottle Top Bill and His Best Friend Corky. Harry and His Bucket Full of Dinosaurs.
9.00 Olivia.
9.15 The Mr Men Show.
9.30 Gerald McBoing Boing.
10.00 UEFA Europa League Highlights.
11.05 The Gadget Show.
12.05 Build a New Life in the Country. Chinese Food in Minutes. Steamed wine sea bass and a spicy beef dish.
1.35 Zoo Days.
2.05 Animal Rescue Squad.
2.20 FILM: Silencing Mary (1998). Five News.
4.10 FILM: Fools Rush In (1997). Romantic comedy, starring Matthew Perry.
6.20 FILM: Happy Gilmore (1996). Comedy, with Adam Sandler.
8.00 NCIS. A missing Marine's body is discovered in a frozen lake.
9.00 CSI: NY.
10.00 Law & Order.
11.00 CSI: Crime Scene Investigation. Drama, starring Jordi Fox.
12.00 SuperCasino.

Match of the Day Live
BBC1, Sunday, 2pmAnt and Dec's Push the Button
ITV, Saturday, 7.45pmSaving Private Ryan
Channel 4, Sunday, 9pmBig Fish
five, Sunday, 4.20pm**SUNDAY****BBC1**

6.00 Breakfast.
7.45 Match of the Day.
9.00 The Andrew Marr Show.
10.00 The Big Questions.
11.00 Country Tracks.
12.00 The Politics Show.
1.00 EastEnders. Omnibus.
2.00 Match of the Day Live. Manchester United v Aston Villa (Kick-off 3pm). Gary Lineker is joined by Alan Hansen, Alan Shearer and Gareth Southgate to introduce coverage of the League Cup final.
3.53 BBC News; Regional News; Weather.
6.00 Countryfile.
7.00 Antiques Roadshow.
7.00 Lark Rise to Candleford. Pearl receives a dressmaking commission from Lady Whiteleaf that could save her business.
9.00 Seven Ages of Britain. David Dimbleby examines artefacts that illustrate and reflect the tumultuous 17th century.
10.00 BBC News; Regional News; Weather.
10.25 Great British Railway Journeys. My Name is Muhammad. Documentary exploring the very different experiences of nine Muslims around Britain, all of whom share the name Muhammad.
10.55 FILM: Runaway Jury (2003). Courtroom thriller, with John Cusack.
1.30 Sign Zone: Holby City.

BBC2

6.00 CBeebies: Jakers!
6.20 Clifford.
6.35 Brum.
6.45 Louie.
7.00 CBBC: Dennis and Gnasher.
7.15 Dennis and Gnasher.
7.25 The Basil Brush Show.
8.05 Dan's House.
8.30 Tracy Beaker Returns.
9.00 Spirit Warriors.
9.30 Something for the Weekend.
10.00 Coronation Street. Omnibus.
11.30 Escape to the Country.
12.00 Winter Olympics.
2.00 EastEnders. Omnibus.
3.00 FILM: In Search of the Castaways (1962). Children's adventure, starring Hayley Mills.
4.35 Songs of Praise. Alasdair Jones marks St David's Day.
5.10 Banded Brothers - The Mongoose Mob. The family comes under attack from the Stripe gang.
6.10 Richard Hammond's Engineering Connections.
7.00 Top Gear.
8.00 Live Winter Olympics. The men's ice hockey final (Face-off 8.15pm).
10.55 Match of the Day 2. Adrian Chiles reviews the day's Premier League action.
11.45 The League Cup Show.
12.30 The Persuasionists.
1.00 Live Winter Olympics: Closing Ceremony. The 21st Winter Olympics are officially brought to a close in Vancouver.

ITV

6.00 GMTV.
9.25 Britain's Favourite View. Jamie Redknapp's selection.
9.40 Coronation Street. Omnibus.
12.00 News and Weather.
12.10 Anglia Weather.
12.10 FILM: Mutiny on the Buses (1972). Comedy, starring Reg Varney.
2.00 FILM: Columbo Goes to College (1991). Detective drama, starring Peter Falk.
3.55 Agatha Christie's Poirot.
5.55 Anglia News and Weather.
6.05 ITV News and Weather.
6.20 Harry Hill's TV Burp. T
6.50 Dancing on Ice. Torvill and Dean open the show skating to a performance by Katherine Jenkins and Andrew Lloyd Webber.
8.30 Wild at Heart. With Danny's career in ruins, the family keeps him busy looking after a group of young offenders staying at Leopard's Den.
9.30 Dancing on Ice. The Skate Off. ITV News: Weather.
10.00 FILM: Syriana (2005). Premiere. Several interconnected stories expose widespread corruption within the global oil industry.
10.15 FILM: The Yakuza (1974). Thriller, with Robert Mitchum and Ken Takakura.

CHANNEL 4

6.05 The Hoobs.
6.55 Yo Gabba Gabba.
7.20 The Great Swap Series.
8.15 The Best of the NBA.
9.00 T4: The Hills.
9.25 T4: Friends.
10.00 T4: Hollyoaks.
12.30 T4: Ultimate Traveller. The six backpackers are challenged to make new friends.
1.35 T4: Friends.
2.10 T4: 4Music Favourites: Keshia.
2.45 90210. Jackie throws Silver a surprise birthday party.
3.40 T4: The Simpsons. The nuclear plant is sold.
4.10 T4: The Simpsons. Homer reminisces about life with Marge.
4.45 Deal or No Deal.
5.30 Glee. Finn and Quinn are forced to cope with being unpopular.
6.30 Channel 4 News.
7.00 The Bible: A History. Historian Tom Holland examines the significance of St Paul.
8.00 Come Dine with Me. During a week of dinner parties in East Yorkshire, Wendy Spencer admits her main course is inedible.
9.00 FILM: Saving Private Ryan (1998). Steven Spielberg's Oscar-winning World War Two drama, with Tom Hanks, Tom Sizemore, Edward Burns, Matt Damon, Barry Pepper and Vin Diesel.
12.10 4Music: NME Awards 2010. School Disco.
1.40 The Dead Zone.
1.50 The Dead Zone.

five

6.00 Sunrise.
7.00 Milkshake! Elmo's World.
7.15 The WotWots.
7.30 Milkshake Monkey.
7.35 Chiro.
7.40 Make Way for Noddy.
7.50 Milkshake! Bop Box.
7.55 Fireman Sam.
8.05 Hana's Helpline.
8.15 Mist: Sheepdog Tales.
8.30 The Adventures of Bottle Top Bill and His Best Friend Corky. Harry and His Bucket Full of Dinosaurs.
9.00 Olivia.
9.15 The Mr Men Show.
9.30 Gerald McBoing Boing.
10.00 NCIS. A missing Marine's body is discovered in a frozen lake.
10.35 Wizards of Waverly Place.
11.10 Wild Animal ER.
11.40 The Gadget Show Shorts. Ice Road Truckers.
12.50 FILM: Shoot-Out at Medicine Bend (1957). Revenge Western.
2.35 FILM: Dracula: Dead and Loving It (1995). Spoofer horror. Five News.
4.20 FILM: Big Fish (2003). Fantasy drama, starring Ewan McGregor.
6.40 FILM: Big Daddy (1999). Comedy, starring Adam Sandler.
8.30 FILM: Anger Management (2003). Comedy, starring Jack Nicholson and Adam Sandler.
10.35 FILM: Deuce Bigalow: European Gigolo (2005). Comedy sequel, with Rob Schneider and Eddie Griffin.
12.10 The Gadget Show.
1.10 SuperCasino.

Our comprehensive guide to property in your area

Haverhill

Week ending 26th February 2010

WEEKLY NEWS Homes

www.haverhillweeklynews.co.uk

Blenheim Close

Haverhill



For details on this property
call Samuels on 01440 708100.

01440 707076
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Cheffins



Haverhill

We advise that an offer has been made for the above property in the sum of £222,500. Any persons wishing to increase on this offer should notify the agents of their best offer prior to exchange of contracts.



Haverhill

Cheffins are now in receipt of an offer for the sum of £119,000 for 46 Gannet Close, Haverhill. Anyone wishing to place an offer on this property should contact us 01440 707076 before exchange of contracts.



Haverhill

£124,950

An excellent period cottage, located in a prime central location within a short walk from town centre. The property benefits from a pleasant and generous sitting / dining room with an attractive feature fire place.



Kedington

£139,950

An attractive and well presented property, located in the popular village of Kedington, benefiting from two double bedrooms, fully fitted kitchen, garage and parking. 61 sq.m. (656 sq.ft).



Haverhill

£140,000

A well-appointed and spacious Victorian townhouse.
SIMILAR HOMES REQUIRED



Haverhill

£149,950

An exceptionally well-located, three bedroom, end of terrace home, located on the popular Castle Reach development.
SIMILAR HOMES REQUIRED

NEW



Haverhill

£229,950

An attractive and excellently located four bedroom detached house, nicely situated within a popular cul de sac on the Cambridge side of town.

106 sq.m. (1140 sq.ft) net.

- Four Bedrooms • Master With En Suite • Two Receptions • Kitchen & Utility Room
- Double Garage



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NEW



Haverhill

A most impressive and spacious four bedroom detached residence, set beautifully in an elevated position in the picturesque and peaceful village of Wixoe. 151 sq.m. (1625 sq.ft).
 * Four Double Bedrooms * Master With En Suite * Two Generous Receptions * Conservatory
 * Spacious Kitchen/Breakfast Room

£449,950



Little Turlow

A spacious four/five bedroom detached family home, nicely set on a quiet country lane, in the popular village of Little Thurlow, benefiting from two good reception rooms, a generous kitchen and utility room, and backing onto open fields. 158 sq.m. (1700 sq.ft).

SALE AGREED



Haverhill

A spacious four bedroom detached family home of favourable design, nicely set within the sought after Roman Way development.
 SIMILAR HOMES REQUIRED

£234,950



Little Thurlow

A pleasant and spacious two bedroom detached Chalet style bungalow, nicely set in the popular village of Little Thurlow with beautiful views front and rear over rolling countryside. 88 sq.m. (947 sq.ft).

£249,950



Haverhill

An exceptionally well located and extended four bedroom detached family home, benefiting from three excellent reception rooms, a generous kitchen/breakfast room and is nicely situated on the edge of the development adjacent to Great Wilsey Farm. 138 sq.m. (1485 sq.ft).

£249,950



Haverhill

An immaculately decorated and excellently presented four bedroom detached home located on the mature and sought after development of Roman Way. The property benefits from an attractive fitted kitchen/diner and an en suite to the master bedroom.

£229,950



Castle Camps

A delightful extended character cottage, providing generous ground floor living space along with well-proportioned and private gardens. 79 sq.m. (850 sq.ft).
 * Two bedrooms * Sitting room * Kitchen / dining room
 * Ground floor bathroom * Off street parking

£210,000

PROPERTY



Large detached family residence

THIS detached five/six-bedroom property is in Abbotts Road, Haverhill.

Recently extended, it provides attractive family accommodation. This includes an entrance hall, cloakroom, kitchen, living/dining room and a family room/bedroom with en suite.

On the first floor there

are five more bedrooms and a family bathroom.

Outside, the front garden is mainly laid to driveway with a small lawn and access to the rear garden.

This includes a patio, lawn, decked area and summerhouse.

This property is on the market for £220,000. Contact Abbotts estate agents on (01440) 702575.



Two-bedroom renovated terrace

SITUATED on the Cambridge side of town in Shardlow Close, Haverhill, is this two-bedroom terraced house.

The property is on the market for £134,950 with the benefit of no upward chain.

Inside, the rooms include a living room, kitchen/dining room, recently refitted bathroom and two bedrooms.

There is also a single garage and a garden to the rear.

For more information or to view this property, contact Abbotts on (01440) 702575.



PREVIEW PROPERTY SERVICES

LETTING & MANAGEMENT



CRAMSWELL CLOSE HAVERHILL
2 bed mid terrace, lounge/diner, kitchen, bathroom, carpets, gas heating, garden & garage, no pets

£595pcm



ORCHARD CLOSE RIDGEWELL
2 bed chalet style house, lounge, d/room, kitchen/utility, cloakroom, shower room, carpets & wooden flooring, oil heating, large rear garden with summer house, driveway & garage, no pets

£750pcm



LOWRY CLOSE HAVERHILL
2 bed mid terrace, lounge/diner, kitchen, bathroom, carpets, gas heating, garden & parking, no pets negotiable

£585pcm



CRAMSWELL CLOSE HAVERHILL
2 bed mid terrace, lounge/diner, kitchen, bathroom, carpets, gas heating, garden & parking, no pets

£575pcm

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THE TERRACE CAVENDISH
2 bed mid terrace, lounge, d/room, kitchen, bathroom, carpets, storage heaters, garden & on road parking, no pets

£525pcm



THE ANNEXE BROCKLEY GREEN HUNDON
1 bed annexe in stable grounds, open plan lounge/kitchen, bathroom, carpets, oil heating, parking, pets negotiable, rent is inclusive of all bills except council tax

£450pcm



CHAPLINS CLOSE HAVERHILL
3 bed semi, lounge/diner, kitchen, cloakroom, bathroom, carpets, gas heating, garden & garage, no pets negotiable

£695pcm



DOVEHOUSE ROAD HAVERHILL
2 bed mid terrace in immaculate decorative order, lounge/diner, kitchen, bathroom, carpets, storage heaters, garden & garage, no pets

£595pcm

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Mike Tokley and IBA Financial Solutions Ltd are pleased to be associated with local estate agent Morris Armitage.

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As we are not tied to any particular provider, we can offer Mortgages from the whole of the market. This ensures that you receive truly independent advice. In addition to offering a solution for your mortgage requirements, we can also assist you in obtaining the most competitive insurance premiums and provide reviews in the future to ensure that your arrangements are continually competitive and appropriate for you.

Mike Tokley

Mike has been working with IBA Financial Solutions Ltd since May 2004 after spending the previous 16 years working with the Co-Operative Insurance Society. He is based in Haverhill but covers the entire East Anglia region. Mike specialises in all aspects of Mortgage and Protection needs, including Life Cover, Critical Illness and Family Protection.

Mike can be contacted on:

Mobile: 07939 042396

E-Mail: mike.tokley@hotmail.co.uk

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NEW



Haverhill

£230,000

A modern detached property located within a popular area of Haverhill on the Cambridge side of town.

This property offers accommodation to include entrance hall, lounge, dining room, kitchen, cloakroom, four bedrooms and a family bathroom. Benefits from large front and rear gardens. Viewing recommended.



Haverhill

£176,500

This modern end of terrace property is located in Hanchett Village, a very desirable part of Haverhill.

Accommodation includes a good size lounge, kitchen, cloakroom, 3 bedrooms, en-suite to master bedroom and a family bathroom.



Great Bradley

£199,995

A modern detached home on the edge of this established development and located within this picturesque village.

Accommodation includes cloakroom, fitted kitchen, living room with separate dining room, three bedrooms and a family bathroom.



Wickham Brook

£161,500

An established, recently refurbished home within this popular village and enjoying a lovely aspect to front overlooking open fields.

Accommodation includes entrance hall, living room/dining room, kitchen, three good size bedrooms and a family bathroom.

NEW PRICE



Haverhill

£139,950

A modern semi-detached property located within close proximity of local schools and shops and set within easy access to Cambridge.

Well presented and tastefully decorated throughout, the property enjoys accommodation to include living room, cleverly designed kitchen, two bedrooms and a family bathroom. Viewing highly recommended.





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Burton End

Victorian town house, lounge/dining room, kitchen, cellar, re-fitted bathroom, three bedrooms, UPVC windows and doors where stated, ample off road parking.

£121,950



Quendon Place £139,995

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Stockley Close £137,950

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Ickleton Place

Much improved family house. Ground floor cloakroom, lounge, dining room, conservatory, fitted kitchen, three bedrooms, bathroom. Gardens to front and rear. No onward chain.

£133,000



Primrose Hill

Mid terrace Victorian terrace, three bedrooms, refitted kitchen, refitted bathroom, separate dining room, cellar, detached single garage, driveway, courtyard garden.

£129,500



Stradishall £129,995

Popular village location. Kitchen/dining room, utility room, three bedrooms, front & rear gardens.



Mill Road £114,950

Close to town centre location, older style terraced property, two bedrooms, re-fitted kitchen, re-fitted bathroom, lounge area, dining area, ground floor bathroom, no onward chain.



St Esprit House

Popular town centre location. Modern first floor flat. Two bedrooms, study, laundry/utility room, open plan kitchen/diner, modern style bathroom, security entry phone system, double glazed windows, electric heating.

£122,500



Ashen £650 pcm

Detached cottage, fitted kitchen, dining room, lounge, study, dround floor bath/shower room, principle bedroom with vaulted ceiling, approx 3rd acre with double drive. Available mid March.



Gainsborough Road £800 pcm

Detached family house, lounge, dining room, kitchen & utility room, conservatory, ground floor cloakroom, three bedrooms, en-suite to master bedroom, family bathroom, integral garage.



Steeple Bumpstead £595 pcm

Charming mid-terrace cottage. Gas central heating, double glazing, fitted kitchen, two bedrooms, bathroom, ground floor cloakroom. Courtyard garden, parking space.



Stradishall £475 pcm

Rural location, converted barn, lounge, fitted kitchen, 1 bedroom, shower room, cloakroom, utility. Rent includes council tax, TV license & water rates.

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Use of Kitchen, 2 Acre Land
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Tasman Road £205,000

4 Bedroom Detached House

Lounge/Diner, Kit,
D.Cloak, 4 Beds,
Bath, Gardens & Garage

Available



Wentworth Terrace £126,500

2/3 Bedroom End of Terrace

Recently refurb'd,
Entrance Hall, Lounge,
Kit/Diner, Din/Bed 3,
2 further beds, Bath, WC

Available



Pakenham Place £117,500

3 Bedrom Terrace House

Re-fitted Kit, Lounge
Dining Area, Bath
Cloak, Gardens.

SOLD



Bures Court £99,995

3 Bedroom End Of Terrace House

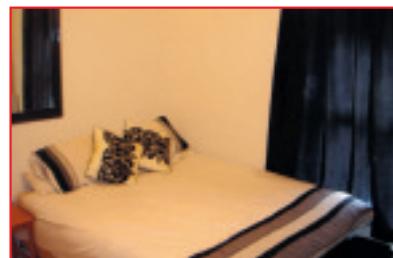
Lounge/Diner, Kit
Utility, Bath, Cloak
Parking.

Available

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Bathroom, Shared Kitchen

Available NOW



Town Centre £550 PCM

1 Bed Immaculate Apartment

Lounge, kit/diner
bathroom, garden
MUST BE VIEWED

Available LATE FEB



Beaconsfield Court £350 PCM

3 Bedroom Mid-Terrace
Lounge, Kit/Diner,
3 beds, Bath, W.C,
Large Decking area

Available MID MARCH



Sturmer Road £575 PCM

2 bed mid-terrace
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Abbotts

Countrywide

**Chalkstone**

Three bedroom mid terrace property located on the Chalkstone development. Comprising entrance porch/utility room, cloakroom, dining area, conservatory, kitchen, lounge, bathroom and front & rear gardens.

**OIEO £120,000****Hanchett End**

- Two bedroom mid terrace house located on the Cambridge side of town
- Lounge, kitchen/diner, single garage, front & rear gardens

**NEW****Saffron Walden**

Live/work two bedroom split level apartment comprising lounge, kitchen, office, master bedroom with ensuite cloakroom. No onward chain

**£140,000****Birdbrook**

Three bedroom end of terrace property, comprising lounge, kitchen, bathroom, front and rear gardens and garage en bloc.

**£175,000****Fritton Court**

- Three bedroom
- Mid terrace property
- Lounge • Kitchen
- Utility area
- Gardens front & rear
- Off road parking
- No Onward Chain

£134,950**Westward Deals**

Four bedroom link detached property includes cloakroom, lounge, dining room, kitchen, utility room, bathroom, front & rear gardens and single garage.

**£140,000****Larks Close**

One bedroom mid terrace property includes lounge, kitchen, bathroom, front & rear gardens. Viewing highly recommended.

**£103,000****Bartlow Place**

Three bedroom mid terrace property includes cloakroom, lounge, kitchen, dining area, bathroom and front & rear gardens. Viewing recommended.

**£117,500****Orchard Close**

Two bedrooms, entrance hall, kitchen, lounge, front and rear gardens, single garage.

**£182,500****Cornish Close**

Two bedroom semi detached property includes lounge dining room, kitchen, bathroom, front & rear gardens and off road parking.

**£189,950**

COMING SOON

**Roman Way**

- Three Bedroom Detached Bungalow
- Garage, front & rear gardens
- To register your interest call the office today

**Reydon Close**

Four bedroom house on popular development. Accommodation comprises Two reception rooms, conservatory, bathroom and en-suite, garage and gardens.

**£242,500****Arrendene**

- Four bedroom detached house
- Lounge and separate dining room
- Single garage, front & rear gardens
- To register your interest contact the office

**Dane Common**

- Three bedrooms
- Detached property
- Lounge
- Kitchen
- Garage & carport
- Double glazed windows.

£184,995

COMING SOON

Haverhill

- Three Bedroom Mid-Terrace House
- Rear garden in excess of 120ft
- To register your interest call the office today

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ESTATE • AGENTS

Haverhill

£125,950



End-of-terrace property
Lounge
Kitchen/diner
Cloakroom
Three bedrooms
Haverhill 01440 768919

Haverhill

£142,950



Recently re-furbished 3 bedroom property in a popular Cul-de-Sac location
accommodation includes, Lounge, kitchen diner, conservatory, and re-fitted
bathroom W.C

Haverhill

£132,500



2 bedroom end of terraced property. Among the properties many features are gas
fired heating to radiators, Lounge, Kitchen Breakfast Room, and first floor
Bathroom.

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Haverhill

£89,995



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Haverhill

£107,000



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SIMILAR
REQUIRED

haverhill

£129,995



SSTC
SIMILAR
REQUIRED

Little Wrating

£132,500



Two bedroom terraced cottage on the
outskirts of town.
lounge, kitchen diner, study, two
bedrooms and first floor bathroom.
50ft rear garden!!!
haverhill 01440 768919

Haverhill

£77,500



50% shared ownership
End of terrace property
three bedrooms
lounge/diner
off-street parking
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Haverhill

£157,500



Two bedroom semi-detached property
with Lounge, separate dining room
and study, ground-floor cloakroom,
fitted kitchen, first floor bathroom,
garage and drive.
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Haverhill

£158,000



3 bedroom home, situated on the
Cambridge side of town with fitted
Kitchen, through lounge/diner, first
floor bathroom and off road parking
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haverhill

£139,995



SSTC
SIMILAR
REQUIRED

Haverhill

£116,995



three bedroom end terraced home
with lounge, kitchen/dining room,
utility room, first floor bathroom &
separate w/c, front and rear gardens &
allocated parking.
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haverhill

£119,995



A two bedroom Victorian terraced
property close to haverhill town
centre
lounge, dining room, kitchen, ground
floor W.C, ensuite
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Haverhill

£99,995



Mid terrace House
One bedroom
Lounge/diner
Kitchen
Rear Garden
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haverhill

£159,995



3 bedroom semi-detached house with
a good size rear garden.
Accommodation comprises,
Lounge/diner, fitted kitchen, first
floor bathroom and separate W.C.
Haverhill 01440 768919

Haverhill

£159,995



3 bedroom property with kitchen,
re-fitted bathroom, conservatory
extension and beautifully maintained
and generous-sized rear garden.
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Haverhill

£165,000



End of Terraced Property
Three Bedrooms
Ensuite to master
ground floor cloakroom
garage and driveway
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haverhill

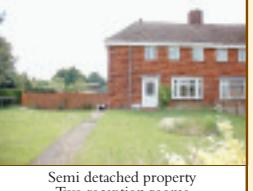
£134,995



2 bedroom end of terraced home with
lounge diner, fitted kitchen, two first
floor bedrooms and family bathroom,
enclosed rear garden, and allocated
parking
Haverhill 01440 768919

BYchoice

ESTATE • AGENTS

<p>Baythorne End £219,950</p>  <p>NEW</p> <p>3 bedroom semi detached cottage backing on to open fields boasting a wealth of Period and Character features including exposed timbers and beams, an open fireplace and Suffolk latch doors.</p> <p>Haverhill 01440 768919</p>	<p>Kedington £177,500</p>  <p>NEW</p> <p>four bedroom mid terraced home in the popular village of Kedington. It benefits from an entrance hall, lounge, kitchen/dining room, front and rear gardens, single garage</p> <p>Haverhill 01440 768919</p>	<p>Haverhill £174,995</p>  <p>NEW</p> <p>4 bedroom townhouse, with cloakroom, lounge/diner and conservatory, ensuite, garage and parking</p> <p>Haverhill 01440 768919</p>			
<p>Haverhill £279,995</p>  <p>Detached Townhouse 6 bedrooms 2 reception rooms 5 bathrooms Garage & driveway Haverhill 01440 768919</p>	<p>Haverhill £169,995</p>  <p>SSTC SIMILAR REQUIRED</p>	<p>Steeple Bumpstead £215,000</p>  <p>Three bedroom detached property Ground-floor cloakroom, 24' Lounge Dining Room, First floor bathroom, rear garden, garage and driveway Haverhill 01440 768919</p>	<p>Sturmer £224,995</p>  <p>NEW</p> <p>4 bedroom detached family home in a cul-de-sac location with Lounge, conservatory, Fitted Kitchen/breakfast room, utility room, ground floor cloakroom, Bathroom, double garage. Haverhill 01440 768919</p>	<p>Haverhill £229,950</p>  <p>Detached property Four bedrooms Two reception rooms 81' max x 46' rear garden Garage & driveway Haverhill 01440 768919</p>	 <p>SSTC SIMILAR REQUIRED</p>
<p>Haverhill £189,995</p>  <p>Three bedroom semi detached house with two reception rooms, re-fitted kitchen, ground floor W/C and 1st floor bathroom, well-maintained front and rear gardens Haverhill 01440 768919</p>	<p>Hundon £174,995</p>  <p>Semi detached property Two reception rooms Three bedrooms 75' driveway 71' x 106' plot (approx) Haverhill 01440 768919</p>	<p>Haverhill £165,000</p>  <p>NEW</p>	 <p>NEW</p>	<p>Haverhill £249,995</p> 	
<p>Haverhill £229,995</p>  <p>Four bedroom detached family home with Entrance hall, cloakroom, lounge/diner, fitted kitchen, ensuite to master, first floor bathroom, front & rear gardens, garage and driveway. Haverhill 01440 768919</p>	<p>Haverhill £239,995</p>  <p>Semi-detached Victorian property with 4 bedrooms - lounge, dining room, kitchen/breakfast room, utility room, study. **Annexe with lounge, bedroom and ensuite.** Haverhill 01440 768919</p>	<p>three bedroom semi detached home on the popular Poppyfields development. Features include, lounge, fitted kitchen/diner, front and rear gardens, off road parking and detached garage.</p> <p>Haverhill 01440 768919</p>	<p>**FOUR BEDROOM DETACHED FAMILY RESIDENCE WITH DOUBLE GARAGE** With Lounge, separate Dining Room, conservatory, fitted kitchen & utility room, ground floor cloakroom, ensuite to master bedroom.</p> <p>Haverhill 01440 768919</p>		

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NEW



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- Gas radiator heating

£116,950



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A DETACHED FAMILY HOME, POSITIONED IN THE CORNER OF A QUIET CUL-DE-SAC ON THE POPULAR WILSEY DEVELOPMENT.

- 3 bedrooms
- Lounge with French doors to garden
- Kitchen/dining room
- Family room
- Garage
- Plus side by side parking

£176,950



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A STUNNING CONTEMPORARY DETACHED FAMILY HOME PRESENTED TO AN EXTREMELY HIGH STANDARD, LOCATED ON THE PRESTIGIOUS ROMAN WAY DEVELOPMENT.

- Four bedrooms
- Two reception rooms
- Utility room
- En suite shower room
- Cul De Sac position
- UPVC windows & fascia

£269,950



PRIMROSE HILL

A VICTORIAN TERRACED PROPERTY, LOCATED CLOSE TO THE TOWN CENTRE, OFFERING VERSATILE ACCOMMODATION WITH NO ONWARD CHAIN.

- 2 Double bedrooms
- Cloakroom
- Lounge and dining room
- Cellar currently used as playroom
- Off road parking

£135,995



LADYGATE

A SPACIOUS, MODERN FAMILY HOME HAVING BEEN SUBSTANTIALLY EXTENDED, WITH GARAGE TO FRONT.

- 23ft living room
- Dining room
- Cloakroom
- Bathroom suite

£139,950



BUMPSTEAD ROAD

A SUPERB NEW DEVELOPMENT OF JUST FOUR HOUSES, CONSTRUCTED TO A HIGH SPECIFICATION.

- 3 Bedrooms
- Cloakroom
- Modern kitchen & bathroom
- Lounge/ dining room
- Paved driveway
- Must be seen

team

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- Kitchen/breakfast room
- Large indoor swimming pool
- Double garage with office above

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VANGE PLACE

A SPACIOUS END TERRACE HOUSE, WELL LOCATED IN THE LOWE CHALKSTONE AREA REQUIRING COMPLETE REFURBISHMENT AND GENERAL UPDATING.

- 3 Bedrooms
- Cloakroom
- Good Size lounge
- Kitchen/ dining room
- Gardens front and rear
- No Onward Chain

£105,000

TURNER CLOSE

A SPACIOUS HOME, LOCATED WITHIN A SMALL CUL DE SAC ON THE CAMBRIDGE SIDE OF HAVERHILL, WITH THE BENEFIT OF A GARAGE AND PARKING.

- 2 bedrooms
- Kitchen/dining room
- Cloakroom
- Sealed unit double glazing
- Garden with rear access
- Must be seen

£125,000

• PROPERTIES TO RENT •



HEMPSTEAD ROAD

AVAILABLE MID MARCH

Unfurnished modern terraced house offering lounge/dining room, kitchen, two first floor bedrooms, bathroom, garden and garage.

£575



GREAT BRADLEY

AVAILABLE SOON

Superbly positioned within a small village development, this unfurnished detached property offers good size lounge, kitchen, three bedrooms and bathroom. There are large gardens to front and rear and parking for several cars as well as carport and garage.

£725 pcm



HIGH STREET

AVAILABLE NOW

A ground floor flat with unfurnished accommodation comprising an entrance hall, lounge, kitchen, one bedroom and bathroom. Allocated parking.

£425 pcm



ATTERTON ROAD

AVAILABLE NOW

A modern unfurnished house located on the sought after Cambridge side of town. With accommodation comprising lounge, kitchen, two bedrooms, bathroom, garden & parking.

£595 pcm



DRAKES YARD

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Close to the town centre this unfurnished second floor flat with accommodation comprising a lounge with open plan kitchen, two bedrooms and bathroom.

£520 pcm

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Peugeot launches 5

THE '5 by Peugeot' concept car is another indication of the changing face of Peugeot and provides an insight into the marque's future ambitions in the large luxury vehicle segment.

Powered by Peugeot's HYbrid4 technology, it ensures both high levels of driving enjoyment



5 by Peugeot: Performance plus environmental sense.

and environmental protection – 200bhp, four-wheel drive and CO2 emissions of 99g/km or zero in electric mode.

The elegance, precision and dynamic appearance of the car's exterior styling is also reflected in the car's technical spec. The '5 by Peugeot' concept incorporates Peugeot's HYbrid4 technology, which will be launched in 2011 in the Peugeot 3008.

A 2.0-litre HDi FAP163bhp diesel engine, mounted at the front of the vehicle, is combined with a 37bhp electric motor at the rear. This arrangement provides an overall

maximum power of 200bhp, an electric only mode for low speed operation, four-wheel drive when required, and low fuel consumption and emissions of 74.3mpg and 99g/km of CO2 or zero in electric mode.

The '5 by Peugeot' is further proof of Peugeot's environmental strategy.

The modular technology of the Hybrid4 system can be combined with a range of naturally-aspirated engines according to market requirements, and can be fitted to different body shapes and different platforms, helping to ensure future driving enjoyment.

Innovative new iPhone app makes buying easy

DRIVE is now one of the first UK online car advertising portals to have a specially designed iPhone app!

We have launched the app – named 'motors.co.uk car search' – to allow searching for vehicles to be even easier task for potential buyers, as well as driving further traffic to our dealers.

The app, available in the 'lifestyle' iStore category, will display detail of up to 10 cars at once allowing users to compare, as well as create a shortlist of their favourite vehicles.

It features our new FAST technology which ensures users are delivered results in record time. Vehicles can be searched and sorted by a



Easy way to buy: Browse cars on your iPhone!



number of different requirements including make, model colour and price.

The results shown also

include the relevant dealers' telephone number, which users can simply touch in order to call the dealer directly about the vehicle.



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Golf GT 2.0 TDI.

Golf GT 2.0 TDI 140PS 5-door, 2-year Hire Purchase example.

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Deposit	£10,727.50	Total amount payable	£21,780.50
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Retail cash price	£21,445.00		2.9% APR

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Typical 2.9% APR

*Payable with first payment. **Payable with final payment. Retail sales only. Offer excludes metallic paint. Indemnities may be required. Subject to status. Available to over 18's in the UK only. Available for registrations before March 31st, 2010. Volkswagen Finance, Freepost VWFS. Offer maybe varied or withdrawn at any time and is subject to vehicle availability.

Official fuel consumption in mpg (litres/100km) for the Volkswagen range: urban 60.1 (4.7) – 13.3 (21.2); extra urban 83.1 (3.4) – 26.9 (10.5); combined 74.3 (3.8) – 19.5 (14.5). CO₂ emissions 99 – 348g/km.



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2007 (07) FORD FOCUS 1.8 TDCI TITANIUM 5 DOOR DIESEL, Metallic Red, Air Conditioning, Cruise Control, Parking Sensors, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 29,288 Miles, £6,495

2004 (04) VOLKSWAGEN GOLF 1.9 TDI SE 3 DOOR DIESEL, Red, Air Conditioning, Cruise Control, Power Steering, Remote Central Locking, Electric Windows, CD Player, 74,332 Miles, £6,495

2005 (05) SAAB 9-3 1.9 TID 150 VECTOR 4 DOOR DIESEL, Red, Climate Control, Power Steering, Electric Windows, Remote Central Locking, CD Player, Cruise Control, Alloy Wheels, One Owner, 79,897 Miles, £6,495

2005 (05) RENAULT GRAND SCENIC 1.5 DCI AUTHENTIQUE DIESEL 7 SEATS NEW MOT, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Central Locking, One Owner, 94,984 Miles, £6,495

2005 (05) FORD FUSION 1.4 PLATINUM 5 DOOR AUTOMATIC, Metallic Green, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, One Owner, 28,115 Miles, £5,995

2005 (05) RENAULT MEGANE 1.4 DYNAMIQUE 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 36,073 Miles, £5,995

2006 (06) VOLKSWAGEN POLO 1.2 5 DOOR, Blue, Power Steering, Central Locking, ABS, CD Player, 21,703 Miles, £5,995

2005 (05) SAAB 9-3 1.9 TID VECTOR 4 DOOR DIESEL, Metallic Grey, Climate Control, Partial Leather, Upholstery, Cruise Control, Power Steering, Electric Windows, Remote Central Locking, ABS, CD Player, Alloy Wheels, 89,896 Miles, £5,495

2004 (04) SAAB 9-3 1.8 LINEAR 4 DOOR, Red, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, Electric Mirrors, Alloy Wheels, CD Player, 61,399 Miles, £4,995

2006 (06) FIAT GRANDE PUNTO 1.2 DYNAMIC 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, 36,992 Miles, £4,995

2004 (04) VOLKSWAGEN POLO 1.4 TWIST 3 DOOR, Metallic Silver, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheel, One Owner, 33,242 Miles, £4,995

2005 (05) RENAULT MEGANE 1.4 EXPRESSION 5 DOOR, Metallic Silver, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, 29,427 Miles, £4,995

2006 (06) TOYOTA AYGO L SPORT 3 DOOR, Light Metallic Blue, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, One Owner, 6,241 Miles, £4,795

2007 (06) FORD KA 1.3 STYLE 3 DOOR, Metallic Mauve, Air Conditioning, Colour Coded Bumpers, Power Steering, CD Player, Electric Windows, Remote Central Locking, One Owner, 27,068 Miles, £4,495

2005 (05) SEAT IBIZA 1.4 SPORT 3 DOOR, Metallic Grey, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, One Owner, 57,615, £4,495

2004 (04) VAUXHALL ASTRA 1.6 SX 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, 84,255 Miles, £3,995

2004 (04) VAUXHALL MERIVA 1.6 LIFE 5 DOOR, Metallic Red, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, 48,765 Miles, £3,995

2001 (51) MERCEDES A190 1.9 AVANTGARDE 5 DOOR SEMI AUTOMATIC, Metallic Green, Air Conditioning, Electric Sunroof, Half Leather Upholstery, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, One Owner, 28,915 Miles, £3,995

2006 (06) FORD KA 1.3 STYLE 3 DOOR, Metallic Blue, Colour Coded Bumper, Power Steering, CD Player, Electric Windows, Central Locking, One Owner, 47,713 Miles, £3,995

2001 (Y) MERCEDES A190 1.4 ELEGANCE 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, 44,665 Miles, £3,995

2007 (07) FORD KA 1.3 STYLE 3 DOOR, Metallic Blue, Air Conditioning, Colour Coded Bumpers, Power Steering, CD Player, Electric Windows, Central Locking, One Owner, 48,904 Miles, £3,995

2002 (02) VAUXHALL VECTRA 2.0 DTI CLUB 5 DOOR DIESEL, Metallic Silver, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, 67,033 Miles, £3,995

2004 (04) FIAT PUNTO 1.4 DYNAMIC PLUS 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 67,209 Miles, £3,495

2004 (04) NISSAN ALMERA 1.5 SE 5 DOOR, Metallic Silver, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, 63,084 Miles, £3,295

2002 (02) FIAT MULTIPLO 1.9 JTD 10 ELX 5 DOOR DIESEL, Metallic Grey, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 87,247 Miles, £3,295

2005 (05) RENAULT LAGUNA 1.6 EXPRESSION 5 DOOR, Metallic Blue, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 63,848 Miles, £2,995

2000 (W) BMW 323 2.5 SE 4 DOOR, Metallic Red, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 95,207 Miles, £2,995

2003 (03) SKODA FABIA 1.2 CLASSIC 5 DOOR, Metallic Blue, Power Steering, ABS, 56,753 Miles, £2,995

2002 (02) FORD FOCUS 1.6 GHIA 4 DOOR, Metallic Blue, Leather Upholstery, Air Conditioning, Power Steering, Electric Windows, Remote Central Locking, CD Player, Alloy Wheels, 67,308 Miles, £2,495

2001 (Y) ALFA ROMEO 156 2.0 TWIN SPARK 4 DOOR, Red, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, Alloy Wheels, CD Player, 87,308 Miles, £2,495

2001 (50) SEAT IBIZA 1.4 SPORT 3 DOOR, Metallic Grey, Air Conditioning, Power Steering, Remote Central Locking, Electric Windows, CD Player, Alloy Wheels, One Owner, 57,615, £2,495

1998 (R) SAAB 9-3 2.0 SE CONVERTIBLE 2 DOOR, Metallic Black, Air Conditioning, Power Roof, Leather Upholstery, Power Steering, Electric Windows, Remote Central Locking, 14,271 Miles, £2,495

2001 (Y) FIAT PUNTO 1.2 MIA 3 DOOR, Metallic Black, Power Steering, CD Player, 70,737, £2,395

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01 NISSAN MICRA 1.0 AUTOMATIC, silver, PAS, 37k, FSH, air con, FSH	£1995
00 SUZUKI 1.3 WAGON R+ GL 5DR, silver, PAS, 60k, FSH	£1995
01 ROVER 25 1.4, 3 dr, bright red, 50k, FSH, electric pack	£1895
00 CITROEN XSARA 1.4i Forte, 5dr, met red, e/pack, 50k, FSH	£1795
01 SEAT IBIZA 1.2, 3 door, graphite, electric pack, PAS	£1795
00 VOLVO S40 1.8 XS, metallic green, electric pack, 80k, FSH, PAS	£1695
89 MERCEDES 230CE COUPE PILLARLESS, white, electric pack, PAS, FSH	£1695
98 ALFA ROMEO 146 TWIN SPARK, white, electric pack, 1 owner	£1395
96 NISSAN MICRA 1.3 LX, 3 door, white, electric pack	£895
98 ROVER 820 SI AUTO, silver, electric pack, 12 months MoT	£795

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02 (02) VAUXHALL ASTRA 1.6 16v Comfort, 5 door, hatchback, PAS, e/windows, r/c/l, alloys, twin airbags, CD player, finished in prestige blue	£8,650
01 (51) PEUGEOT 206 GLX Automatic, 5 door hatchback, PAS, r/c/l, twin airbags, ABS, radio/cassette/CD, digital air con	£3,450
02 (52) CITROEN C2 1.1 16v, 3 door, hatchback, PAS, cassette/CD, r/c/l, alloys	£2,450
05 (54) NISSAN ALMERA 1.5 SE, 5 door, hatchback	£2,450
03 (03) CITROEN C3 Picasso Convertible	£3,495
01 (51) ROVER 25 Impression S, 1.4, 3 door, hatchback, PAS, r/c/l, alloys, low mileage	£2,450
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system, Park assist, Drivers
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sale

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£7,100
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BMW 728i, 1996, 170000
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MOT August, Tax July
2010, £1400. Tel: 07836
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WEEKLY NEWS Classifieds

K. C. S.

2005 (05) SAAB 9-5 2.3 Vector Turbo 220 bhp Auto, air con, alloys, full electrics, 93k, FSH, this car is in mint condition

2003 (03) PEUGEOT 206 1.1 Look, air con, e/w, c/l, 69k, FSH, met blue, 6 CD changer, 12 months MOT, 12 months tax, 12 months FSH, Immaculate

2004 (04) VAUXHALL CORSA 1.0 L Elegance, air con, e/w, c/l, 69k, FSH, met grey, 6 CD changer, 12 months MOT, 12 months FSH, Immaculate

2004 (04) ROVER 25 1.4 Streetwise, arcon, alloys, e/w, c/l, 69k, FSH, met blue, 6 CD changer, 12 months MOT, 12 months FSH, Immaculate

2003 (03) FORD KA 1.3, PAS, immobiliser, CD/radio, 45k, FSH, met blue, 6 CD changer, 12 months MOT, 12 months FSH, Immaculate

2002 (02) ROVER 45 1.6i XL, 5 door, air con, e/w, c/l, ABS, CD/radio, alloys, 69k, FSH, recent cambelt

1999 (T) VAUXHALL CORSA 1.3 Diesel CDX, 5 door, e/w, v/r, 95k, FSH, recent cambelt, ABS, superb throughout, full MOT

2001 (Y) PEUGEOT 106 1.1 Independence, 3 door, s/r, 62k, FSH, met silver

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No. 305 of 2008 RE: LESLEY ASHTON

I intend to pay within four months from 26 March 2010 (being the last day for proving) the first and final dividend of 7 p/c.

Creditors who have not yet proved their debts must do so by 26 March 2010 otherwise they will be excluded from the dividend.

The required proof of debt form is available on the Insolvency Service website (www.insolvency.gov.uk, select "Forms" and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, CROYDON, CR9 1TX telephone 02086 678141 to supply a form.

Mr P Cropper
 Official Receiver and trustee

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 THE A14 TRUNK ROAD (ELLINGTON TO FEN DITTON IMPROVEMENT) ORDER 20
 THE A14 TRUNK ROAD (ELLINGTON TO FEN DITTON IMPROVEMENT) (DETRUNKING) ORDER 20
 THE A14 TRUNK ROAD (ELLINGTON TO FEN DITTON IMPROVEMENT SIDE ROADS) ORDER 20
 THE M11 MOTORWAY (JUNCTION 14 CONNECTING ROAD) SCHEME 20
 THE A14 TRUNK ROAD (ELLINGTON TO FEN DITTON IMPROVEMENT) COMPULSORY PURCHASE ORDERS (NO 20)

NOTICE IS HEREBY GIVEN that a local Pre-Inquiry Meeting will be held in relation to The Secretary of State for Transport's proposals for the Orders listed above and the intention to hold Public Inquiries announced on 3 February 2010.

THE LOCAL PRE-INQUIRY MEETING will be presided over by Mr M Ellison MA (Oxon) an Inspector appointed on the nomination of the Planning Inspectorate, by the Secretary of State for Communities and Local Government and the Secretary of State for Transport for the purposes of conducting an Inquiry into the above Orders.

THE MEETING will be held on 24 May 2010 at Burgess Civic Hall, Westwood Road, St. Ives, PE27 6WU, starting at 10.00am. All persons with an interest in the Public Inquiries are invited to attend.

THE MEETING will be held in accordance with Rule 5 of the Highways (Inquiries Procedure) Rules 1994 and Rules 4, 5 and 6 of the Compulsory Purchase (Inquiries Procedure) Rules 2007.

ANY QUERIES on this Notice should be addressed to Tim Hughes.

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IN BANKRUPTCY
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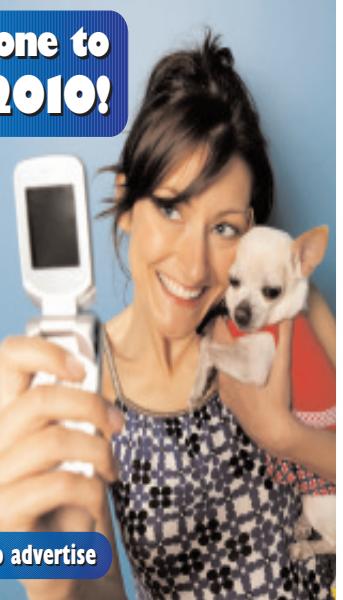
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To place a £6 or £11 deal - you can call:
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YOUR CONTACT DETAILS

Name: _____ Address: _____
 Postcode: _____ Contact Number: _____

LADIES SEEKING

IF YOU'RE looking to meet or chat someone, look no further.

SINGLE mum, 28, 5ft 3ins, slim, GSOH, caring, loves seeking male, 25-30 for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 309109

GRACE 50, loyal, sincere, hardworking, likes cinema, meals out, travel, seeks N/S, loyal, trustworthy male, 47-60 for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 307173

SHY young, blonde, lovely figure, seeks tall dark male to snuggle up on the sofa with. It could be you. **Tel No:** 0905 436 6240 **Box No:** 377428

CARING kind, young at heart, attractive lady, solvent, seeks educated male with similar interest and GSOH for friendship. **Tel No:** 0905 436 6240 **Box No:** 371134

PRETTY petite professional lady, slim and smart, seeks country loving girl for some fun in the fresh air. Who knows what will follow. **Tel No:** 0905 436 6240 **Box No:** 378166

BEAUTIFUL people get lonely to: stunning black beauty, feminine and totally gorgeous seeks attractive, sensual guy. **Tel No:** 0905 436 6240 **Box No:** 326789

CAROLINE cute, curly blonde with lots of love to give, looking for special male to share a bottle of wine and snuggle up with. **Tel No:** 0905 436 6240 **Box No:** 378162

CLAUDE young 39, beautiful slim blonde, full loving and sensual seeks similar spontaneous male for fun, excitement, maybe more. **Tel No:** 0905 436 6240 **Box No:** 378160

STUNNING slim blonde, works much too hard, seeks open minded male to liven up lonely evenings and show her what she's missing. **Tel No:** 0905 436 6240 **Box No:** 378158

BARBARA 49, voluptuous young looking blonde, longing for adventure, seeks enthusiastic, outgoing male for fun uncomplicated friendship. **Tel No:** 0905 436 6240 **Box No:** 378078

AMY 27, fair, blonde, tactile, sensual young but with all women, looking for discreet male. **Tel No:** 0905 436 6240 **Box No:** 378082

DIANE 37, romantic, sentimental, loves to be pampered, WLTM similar gent for mutual spoiling with lots of TLC. **Tel No:** 0905 436 6240 **Box No:** 378080

FEMALE 42, 5ft 8ins, solvent, professional, seeks intelligent gent who enjoys outdoor, countryside, conversation and getting away. **Tel No:** 0905 436 6240 **Box No:** 373176

CHEEKY girl, 32, loves having fun but has no one to share silliness with, seeks cheeky older chappie for playful relationship. **Tel No:** 0905 436 6240 **Box No:** 368522

MEDIUM build female, mid 40's, blonde, green eyes, seeks genuine, professional, easygoing male up to 45. **Tel No:** 0905 436 6240 **Box No:** 371730

SHY young, blonde, lovely figure, seeks tall dark male to snuggle up on the sofa with. It could be you. **Tel No:** 0905 436 6240 **Box No:** 377428

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AMAZING lady, 31, N/S, 5ft 8ins, size 12, independent, loving, GSOH, seeks kind, gentle, honest, easygoing, good natured male for laughter, fun and maybe more. **Tel No:** 0905 436 6240 **Box No:** 371974

43YR old single mum, medium build, 5ft 2ins, blue eyes, seeks genuine, caring male for loving, laughing and relationship. **Tel No:** 0905 436 6240 **Box No:** 367174

SEXY brown eyed girl, gorgeous figure, loves to dress up. Seeks older male who is up for a challenge and fun times. ACA. **Tel No:** 0905 436 6240 **Box No:** 377954

STUNNING young at heart blonde, 45, no ties, seeks sensual male to snuggle up on the sofa, share a bottle of wine and who knows. **Tel No:** 0905 436 6240 **Box No:** 377600

ANGIE 31yr old female, gorgeous voluptuous, busty, long legs, great in heels, missed male attention, seeks older guy to put a smile back on her face. **Tel No:** 0905 436 6240 **Box No:** 377866

LESLIE 34, hardworking, affectionate outgoing, feminine, loves a laugh/giggle, seeks adventurous male who can tickle her fancy. **Tel No:** 0905 436 6240 **Box No:** 377870

ATTRACTIVE trendy female, 5ft 8ins, early 50's, seeks tall, attractive male for friendship, leading to LTR. **Tel No:** 0905 436 6240 **Box No:** 326539

SANDRA cute bubbly blonde, seeks sensible male who knows how to treat a lady, because I certainly know how to treat a man! **Tel No:** 0905 436 6240 **Box No:** 326799

ATTRACTIVE lady 65, GSOH, loving, caring, likes meals out, gardening, seeks male, 65-70 for LTR. **Tel No:** 0905 436 6240 **Box No:** 375052

OUTGOING very affectionate leggy blonde seeks laid back male for friendship, good conversation and lots of TLC. ACA. **Tel No:** 0905 436 6240 **Box No:** 374712

CARING male, 40, 5ft 10ins, likes cinema, socialising, nights in/out, seeks female, 35-45 for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 377870

55YR old male, seeks lingerie wearing female, 40-60 for liaisons and fun. **Tel No:** 0905 436 6240 **Box No:** 326791

STEVEN 50, 5ft 9ins, slim-medium build, grey hair, blue eyes, glasses, likes bowls, football, cinema, theatre, days out, seeks female for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 370840

NICK 52, easygoing, GSOH, likes nights in/out, socialising, seeks similar female 45-55 for friendship possibly more. **Tel No:** 0905 436 6240 **Box No:** 326487

CARING male, 40, 5ft 10ins, likes cinema, socialising, nights in/out, seeks female, 35-45 for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 376780

59YR old male, seeks slim lady for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 374712

GENUINE male, 50, 6ft, medium build, likes most things, seeks female to share them with. **Tel No:** 0905 436 6240 **Box No:** 376134

62YR old male, likes walks, driving, holidays, animals, music, meals out, smoker, seeks female of similar age for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 376226

LOVING dad of 2, hoping to meet a sincere lady for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 368974

CONFIDENT male, likes nights out, DVDs, cinema, seeks female for fun and friendship. **Tel No:** 0905 436 6240 **Box No:** 323793

29YR old male, brown hair, single dad, likes nights in/out, seeks female for friendship/relationship. **Tel No:** 0905 436 6240 **Box No:** 363776

49YR old male, N/S, medium build, own hair and teeth, seeks genuine, ginger haired lady. **Tel No:** 0905 436 6240 **Box No:** 371032

ANDY 48, divorced, blonde lady, 5ft 2ins, blue eyes, seeks genuine, caring male for loving, laughing and relationship. **Tel No:** 0905 436 6240 **Box No:** 374158

43YR old single mum, medium build, 5ft 2ins, blue eyes, seeks genuine, caring male for loving, laughing and relationship. **Tel No:** 0905 436 6240 **Box No:** 361016

ATRACTIVE blonde, slim, 40, caring, loving, seeks male of similar age for laughs, cuddles and more. **Tel No:** 0905 436 6240 **Box No:** 374006

24YR heaven! Seductive young girl, pretty, shapely, feminine, dark hair, loves to make her mark, happy, seeks discreet male for fun friendship. **Tel No:** 0905 436 6240 **Box No:** 370878

21YR old male, likes music, nights out, seeks female, 18-25 for friendship and more. **Tel No:** 0905 436 6240 **Box No:** 367890

MALE 71, 5ft 7ins, smoker, seeks slim lady for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 371408

59YR old male, easygoing, caring, medium build, likes countryside, gardening, days out, nights in, seeks female, 60-65 for companionship. **Tel No:** 0905 436 6240 **Box No:** 369266

LOVING dad of 2, hoping to meet a sincere lady for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 368974

40YR old male, likes walks, driving, holidays, animals, music, meals out, smoker, seeks female of similar age for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 371032

45YR old male, 5ft 10ins, likes cinema, seeks female for fun and friendship. **Tel No:** 0905 436 6240 **Box No:** 374612

CARING male, 48, likes country walks, nights in, honest, genuine, seeks female, 40-50 for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 369740

34YR old male, 5ft 10ins, likes walks, driving, holidays, animals, music, meals out, smoker, seeks female of similar age for friendship, maybe more. **Tel No:** 0905 436 6240 **Box No:** 374612

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45YR old male, 5ft 10ins, likes walks, driving, holidays, animals, music, meals

>> Round-up**Results and positions****FOOTBALL****Saturday****RIDGEONS FOOTBALL LEAGUE**

Premier Division: CRC 2 Hadleigh Utd 0, Ely v Felixstowe & Walton (post), Kirkley & Pakefield 3 Wisbech Tn 2, Leiston 3 Dereham Tn 0, Stanway Rov 1 Needham Mkt 2, Walsham le Willows 3 Haverhill Rov 1, Wivenhoe v Histon res (post), Woodbridge 0 Newmarket Tn 3, Wroxham 1 Mildenhall Tn 0

	P	W	D	L	F	A	pts
CRC	26	21	4	1	73	16	67
Needham Market	25	19	5	2	59	21	62
Leiston	28	19	3	6	66	31	60
Kirkley & Pakefield	24	15	4	5	51	22	49
Stanway Rovers	26	13	7	6	56	29	46
Mildenhall Town	24	12	3	9	44	38	39
Haverhill Rovers	26	10	7	9	39	42	37
Walsham-le-Willows	27	10	5	12	45	51	35
Felixstowe & W	23	10	5	8	32	43	35
Dereham Town	26	10	4	12	42	46	34
Wroxham	19	9	5	5	33	25	32
Newmarket Town	25	9	3	13	43	42	30
Wisbech Town	24	9	5	10	36	37	30
Ely City	25	8	5	12	35	46	29
Debenham LC	25	9	2	14	34	45	29
Norwich United	26	6	8	12	41	47	26
Hadleigh United	24	6	7	11	29	48	25
Histon Res	24	7	4	13	36	58	24
Woodbridge Tn	27	2	2	24	25	80	7
Wivenhoe Town	23	0	3	20	12	64	3

KERSHAW LEAGUE

Premier Division: Eaton Socon 2 Foxton 1, Fordham 1 Lakenheath 5, Newmarket Tn res 1 Needingworth 1 Uttd 1, Waterbeach 2 Hundon 3, Whittleford 1 Uttd 2 Ely City res 1.

Senior A: Brampton 3 Milton 2, Chatteris 4 0 Hemingfords Uttd 1, Debden 0 Cherry Hinton 1, Mildenhall Tn res 4 Great Paxton 1, RHS Uttd 1 Sawston Uttd 4, Wisbech Tn res 0 Hardwick 5.

Senior B: Bluntisham Rgrs 0 Haddenham 2, Rov 2, Comberton Uttd 5 Great Chesterford 5, Cottenham Uttd res 0 Soham Uttd 2, Linton Granta 5 Swavesey Institute 2, Saffron Crocus 2 Fowlmere 1, West Rov Gunners 3 Ely City 4 0.

BIS LEAGUE

Division 3A: Camden Uttd res 1 Lode 6, City Life 0 Great Shelford A 2, Foxton res 1 Linton Granta res 4 Great Chesterford res 2 Steeple Morden 2, Sawston Uttd res 1 RHS Uttd res 2.

■ Rest of programme postponed

REG HAIGH/ARTHUR PECK CUP

Third round: Bar Hill 11 Shelford & Stapleford 0, Doddington Uttd res 2 Melbourn res 2, Elsworth Sports res 1 Haverhill Ath 4, West Wrating A 3 Longstanton res 2.

BM KEMPTON 99 YOUTH LEAGUE

Division B: Bar Hill 11 Shelford & Stapleford 0, Strikers B 0, Burwell Swallows 6 Haverhill Rov 0, Whittleford Warriors 6 Sutton Rgrs 0, Witchford 7 Steeple Bumpstead 49ers 0.

■ Rest of programme postponed

S-TECH CAMBS GIRLS' LEAGUE

Under-11: Comberton Crusaders 0, Bassingbourn 7, Haverhill Rov 5 Alconbury 1, Sawston Uttd 1 Sawtry 0.

Under-14: Royston Tn 6 Buckden Juniors 1, 9-a-side: Haverhill Rov 6 Sawtry 2.

CAMBS MINI LEAGUE

Under-11A: Aztecs Juniors A 1 Longstanton 7, Cambridge Celts 3 Histon Hawks 2, Comberton Crusaders 1, Gamlingay United A 1.

■ Rest of programme postponed

Sunday**TREADFIRST SUDBURY SUNDAY LEAGUE**

Division Two: Assington 4 Dragons 5, Border Athletic 6 Horse & Groom 2.

Division Two Knockout Cup: Lionhearts 3 Super Shooters 2.

Division Four: Glemsford & Cavendish 2, Wells Hall Wanderers 1.

DON EVANS CUP

Boxford Rov 8 HESMC 1, Stoke By Clare 1, Suffolk Punct 9.

CAMBRIDGE AND DISTRICT COLTS LEAGUE

Under-12D: Littleport 5 Cambridge Diamonds 1, West Wrating 5 Willingham Wolves 2, Wittersford 2 St Ives Eaglets 3.

Under-12F: Stretham Sporting 0, Needingworth 8, Thurlow 2 Fulbourn Institute 3.

Under-14A: Sawston Uttd 0 Ramsey 4, West Wrating 7 Cambourne Eagles 3.

Under-15A: Haverhill Rov 0 Cherry Hinton B 5, Whittleford Warriors 3, Godmanchester Rov 3.

CAMBRIDGE & DISTRICT COLTS LEAGUE

Under-13, semi-final: Milton 4 Withersfield 3.

■ Rest of programme postponed

>> Rugby Union

Ryan Raffell: Two tries, a penalty ... and a yellow card for Haverhill.

It's the luck of the draw for Raffell...

Haverhill 26 Broadlands 17

Eastern Counties League, Division Two

SKIPPER Ryan Raffell had an eventful game as Haverhill defeated Broadlands 26-17 in Eastern Counties Two.

With three minutes gone, Adam Hunt crossed the line after some strong work by the Haverhill scrum, but on 20 minutes, Raffell kicked two conversions.

Witham 26 Haverhill 5

Under-15

WITH only 14 players available against a strong physical side, in wet, heavy conditions Haverhill went down battling. In fact, with better tackling and more intelligent play they could have sneaked a win.

They gave as good as they got in their early exchanges before falling behind to a converted try after five minutes.

To show their equality, a blindside pass by scrum-half James Craig to Gareth Lester put Haverhill within metres of the try line.

After an infringement, the forwards went to work culminating in skipper Harry Marsh scoring in the corner.

For the next 20 minutes to half time both teams struggled to break the deadlock but Witham benefitted from substitutions against tiring opposition to make victory safe.

■ Haverhill will stage a youth rugby festival on Sunday, with both sides taking on Bury and Hadleigh. The action starts at 10am.

>> Football: Colts league round-ups

Bishop has the last word in keeper battle

Haverhill Rovers 1**Chelmsford City 0**

Eastern Junior Alliance, under-15

ROVERS left it late to clinch victory in a game they should have wrapped up in the first half.

However, that was down more to brilliant goalkeeping than sloppy finishing.

The Chelmsford No 1 saved brilliantly from Taylor, then foiled Bishop four times – the last a wonder save from a header.

In between all the goalmouth action, Rovers played some good precise football, but after the break they lacked a cutting edge after changing formation.

The breakthrough finally came when Robson, who had earlier missed a good chance, forced a good save with a flick from Palmer's cross, but Bishop was on hand to smash the ball home.

West Wrating 5**Willingham Wolves 2**

Cambridge and District Colts League, Under-12D

NEITHER team looked convincing in a sluggish opening, but once Wolves broke

the deadlock the game perked up. Dion Whitrid cracked the equaliser before the break, but Wrating went up a gear in the second half as they kept the Wolves from the door.

Man-of-the-match Ellis Wiffen scored a hat-trick and Whitrid added another as Wrating responded in the right manner to Wolves making it 3-2.

West Wrating 7**Cambourne 3**

Cambridge and District Colts League, under-14

TOM Warnock wrote the script for a brilliant Wrating win, earning their Player of the Match award.

Wrating were busy right from the off and Ryan Whittley, who had his best game in a Wrating shirt, created the first goal for the prolific Tom Pinker, who went on to complete a hat-trick.

His second goal and a cracker from Cameron Biggs made it 3-1 at the break, but with Wrating asking all the questions in midfield it was no surprise when Ryan Whittley – who had two efforts wiped out – Liam Curran and Scott Hayes also got on the scoresheet.

Draw Your Mum for Mother's Day

DRAW YOUR MUM IN HERE

Anne Smith
Thanks for everything
you are the best
love you
Christopher

Using the blue box above, draw a picture of your Mum and we will print it in our Friday 12th March special Mother's Day page in the Cambridge News and Cambridge News Online for only £10 (see example)

Send your picture together with a brief message to: Mother's Day Messages, Classified Ads, Cambridge News, Winship Road, Milton, Cambridge CB24 6PP.

Deadline for receiving pictures: Monday 8th March at 5pm. Please make cheques payable to Cambridge Newspapers Ltd.

Your Mums name

YOUR MESSAGE (maximum 12 words not including Mums name)

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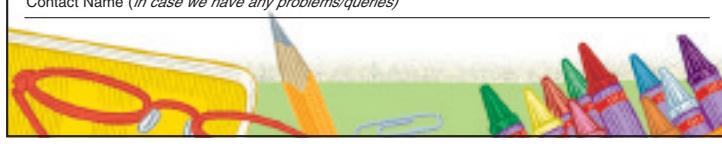
Your name

Your age

Address

Telephone:

Contact Name (in case we have any problems/queries)





The mudlarks: Haverhill's youngsters get bogged down against Witham . . .



Cooke on the boil: Haverhill's James Cooke tries to bulldoze through a Witham challenge with their line just five metres away. Haverhill lost the away match 26-5. CP

» Rugby round-up: Page 55

» Football: Ridgeons League and Kershaw League

Stunned Rovers are caught cold

Walsham Le Willows 3 Haverhill Rov 1
Ridgeons League, Premier Division

HAVERHILL Rovers were in front for less than a minute as they slipped to a defeat at the hands of fellow mid-table side Walsham Le Willows.

Stuart Wardley put Peter Betts' men ahead after 33 minutes when his header from Scott Wilby's cross beat the goalkeeper, who was put off by the presence of Shaun Banham.

But parity was instantly restored as Rovers' shot-stopper Paul Rutherford was helpless to prevent a Walsham attacker finding the net.

And Rutherford was beaten twice more either side of the interval as Haverhill suffered their first defeat in five league games.

Two minutes after being brought back on level terms, Haverhill conceded again. Rutherford rushed off his line and denied an opponent, but the ball agonisingly rolled to another forward and he made no mistake.

Betts' charges were stunned, but they almost made it all square before half time when Sam Holmes rose highest and headed Wilby's corner narrowly over the bar.

Walsham Le Willows, who had won

their previous two outings, extended their lead 10 minutes into the second half and the visitors were unable to carve out any further decent opportunities.

Haverhill are back in Premier Division action on Saturday when they welcome 13th-placed Wisbech to Hamlet Croft.

Rovers are unbeaten in nine league games on home soil and will be looking for revenge against the side who beat them 4-1 in the reverse fixture on December 5.

Rovers then travel to Kirkley & Pakefield on Wednesday.

It's Taylor made

GAVIN Taylor scored twice as Hundon ran out 3-2 winners at Waterbeach in the Kershaw League, Premier Division.

Adam Norman gave the hosts an early lead with a 30-yard rocket after good work by Darren Harris down the left.

Harris chipped just over the bar before the break, before Nathan Copsay levelled for the visitors around the hour mark.

Taylor edged Hundon in front with a penalty after Martyn Flack was adjudged to have handled the ball in the area, before bagging his second after being set up by Jamie Mayes from a free kick.

Waterbeach had a penalty appeal waved away after Harris went down in the box, but had a spot kick given when Sam Betts was tripped in the area and Norman netted 10 minutes from time.

Hundon manager Brian Pilgrim said: "We made it harder than it

should have been. We were hanging on at the end because we haven't had a win for three weeks, but I'd love to know where the referee found eight minutes of added time."

Terry Harris, Waterbeach boss, said: "It was a tight game, but we had a 20-minute spell where we lost our discipline and that cost us the game."

■ Colts league, reports and results – Page 55

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